

FREE

boom

THE ESSENTIAL RESOURCE FOR
DERBYSHIRE FAMILIES WITH 0-11 YEAR OLDS
READ ONLINE AT WWW.BoomDERBYSHIRE.CO.UK

ISSUE 33

MAY/JUN 2024



Special Edition

@KATIEABEY



Bouncy castle sessions available!



Join us at Arc Leisure Matlock for the largest indoor adventure play area in the Derbyshire Dales area!



BOOK ONLINE!



Learn to swim

with Freedom Leisure

For children aged 4 months+
Developing confident & competent swimmers through fun and enjoyment



Bakewell Swimming Pool: **01629 814205**

Ashbourne Leisure Centre: **01335 343712**

Arc Leisure Matlock: **01629 581322**

www.freedom-leisure.co.uk



BOOM...

Check out that front cover!

We had to pinch ourselves when illustrator Katie Abey not only agreed to an interview but also a **front cover 'take over'** for our very special **Arts and Literature** themed issue! We're both long-standing fans of her work and we're sure you'll agree that the cover is pretty special. In Katie's interview, you'll find out all about how she **juggles life as a mum, illustrator and entrepreneur**. Look out for an exciting giveaway on social media soon too!

It doesn't stop there though. We've got so many brilliant articles for you in this issue. Renowned dancer and choreographer Alice Marshall (Vale) shares her **experiences of creativity meeting parenthood** and Steven Howard is back to tell us how to **get creative in your garden**. Amanda Mundin from The Ritz has a selection of **family film recommendations** and Amy Stevenson returns with a **puppet theatre craft** for all your young storytellers.

Our wonderful **Boom Buddies** have suggested a range of **unmissable books for you and your children** and Vanessa Cameron from the Derby Book Festival tells us all about the fantastic finalists in this year's **Children's Picture Book Award**.

All our articles can now be found on **our website's blog** alongside many other web-only articles covering vital first aid topics, additional walks, book recommendations and more.

Follow our **social media accounts** so you don't miss our popular weekly **What's On** posts, regular reviews and giveaways.

Steph & Heather

steph@boommagazine.co.uk
heather@boommagazine.co.uk
www.boomderbyshire.co.uk



inside

| | |
|--|-------|
| Timetable of Groups and Classes | 4-7 |
| Katie Abey: Mum, Illustrator, Entrepreneur | 8-9 |
| Boom Buddy Book Recommendations | 11 |
| Dancing Through Parenthood | 13 |
| May/June Events Guide | 16-18 |
| Children's Picture Book Award 2024 | 21 |
| Five Family Films | 25 |
| Getting Creative in the Garden | 27 |
| Create Your Own Puppet Theatre | 29 |

Get in touch!

To list a class or event or suggest an article, email steph@boommagazine.co.uk

To find out more about advertising in Boom, email heather@boommagazine.co.uk

Or, if you're not sure who you need to speak to, just email info@boommagazine.co.uk

We can't wait to hear from you!

You can pick up a copy of Boom at many places INCLUDING:

nurseries, schools, libraries, health visitors, shops, cafes, and classes and groups for 0-11s in Belper, Ripley, Alfreton, Heanor, Wirksworth, Ashbourne, Matlock, Matlock Bath, Cromford, Milford, Duffield, Quarndon, Allestree, Darley Abbey and many places in between.

Magazine design by:
45 Degrees Design & Print
01773 880 365
info@fortyfivedegrees.co.uk

45° FORTY FIVE DEGREES
Design & Print

Published by Heather Gunn and Steph Patrick of Boom Magazine Ltd. All rights reserved. Reproduction in part or whole without permission is strictly prohibited. Health related articles are intended for information only. Goods and services advertised are not necessarily endorsed by Boom Magazine Ltd or its directors. Every effort is made to ensure accuracy, however dates, locations and prices may change.



BELPER PILATES STUDIO
The Pilates Physios

PREGNANCY • POST NATAL • MUMS & BABIES

Supporting you through an active healthy pregnancy & safe effective post-natal recovery

Classes include: Pregnancy & Post-Natal Pilates
Mums & Babies Reformer • Mat Work Pilates Classes

See our website for 20+ Classes per week
at Belper's East mill

www.belperlifefitnessphysio.co.uk

CREATIVE TRIX Tel: 07967367583
Email: Cre8ivetrix@yahoo.com  

Children's Party Workshops

- Book your party workshop today!
- 1hr Craft workshop
- All materials provided
- Theme of your choice
- Artwork/craft to take home
- DBS Checked
- Fully insured



GROUPS & CLASSES FOR 0-11s

AMBER VALLEY, ASHBOURNE, WIRKSWORTH, MATLOCK AND BEYOND!

Baby Sensory (0-13m)

FlowMotion.Life Yoga Studio, Matlock

Mon 10.30 - 11.30am (birth-6m)
Mon 12 - 1pm (6m-13m)

The Venue, Ashbourne

Tue 10 - 11am (birth-6m)
Tue 11.30am - 12.30pm (6m-13m)
Tue 1 - 2pm (birth-13m)

Lion Hotel, Belper

Wed 10 - 11am (birth-6m)
Wed 11.30am - 12.30pm (6m-13m)
Wed 1 - 2pm (birth-13m)

Ripley Leisure Centre

Thu 10 - 11am (birth-6m)
Thu 11.30am - 12.30pm (6m-13m)
Thu 1 - 2pm (birth-13m)

Book 07989 443734
www.babysensory.com/
centralderbyshire

Balance and Bloom Yoga with Emily

Shine with Tabitha Yoga Studio, Belper

Wed 11am - 12pm mother and baby yoga (0-toddling)
Thu 1 - 2pm baby massage (4wks-6m)
Thu 6.15 - 7.15pm pregnancy yoga (14wks-birth)

Book one session or a block.
07816 653812
www.tabitha-yoga.co.uk
emilypastow@hotmail.co.uk

Kirk Langley Village Hall

Mon 9.45 - 10.45am mother and baby yoga (0-toddling)
Mon 11am - 12pm baby massage (4wks-6m)

Wed 6 - 7.30pm pregnancy yoga (14wks-birth)
Wed 7.45 - 9.15pm pregnancy yoga (14wks-birth)

Book www.mamablossom.com

Belper Cloth Nappy Library

Come visit us at Belper Goes Green Festival to see our range of hire kits suitable from birth to potty. Advice is free too!
belperclothnappylibrary@hotmail.com
facebook.com/
BelperClothNappyLibrary

Codnor Quackers (0-4s)

Codnor Sports Club

Fri 9.45 - 11.15am
A Friday morning full of fun, giggles, playing, snacks and singing at the top of our voices. Snacks for children and a lovely treat and a hot drink for the adults.

£5 for 1 adult and 1 child if you pay weekly, £20 for a 4-week prepaid ticket. £1.50 for additional adult or child. Booking advised but not essential.

Fb Quackers in Codnor

Derbyshire Toy Libraries

Toy Hire Strutts Centre, Belper

Wed 10am - 12pm, Fri 9.30 - 11am,

Sat 9 - 11.30am

Click and collect.

Browse at www.derbyshiretoylibraries.org/shop

Book collection on Fb

Hopyard Wood

Forest School

Lodge Lane, Kirk Langley

Tue 10.30am - 12pm Woodland Babes Stay & Play (0-5s)

Fri 10.30am - 12pm Woodland Babes Stay & Play (0-5s)

Sat 10.30am - 12.15pm Woodland Explorers (5-11s)

Hopyard Wood is a magical woodland where the soul rests, the heart soars and the body is refreshed. It's a place where magic is discovered, bonding rituals are explored, memories are made and, more importantly, a place where children (and adults) can breathe and just be.

Book www.bookwhen.com/hopyardwood
www.hopyardwood.co.uk

Infinite Wellbeing Community Centre

Market Street, Heanor

Mon to Fri 9am - 3pm; Sat 10am - 3pm

Role play area for children with a dedicated baby and sensory area. £5 per family. Toddler Fun & Fit, Messy Play and Rhyme Time throughout the week (included in entry price).

Monthly family-friendly movie screenings/my first cinema on Saturday afternoons. £3 per ticket.
Booking not required.

www.infinite-wellbeing.co.uk

Languages for All

Language learning for all ages. Groups or individually. Online or in person.

jmoses@languagesforall.org.uk
07918 173844
www.languagesforall.org.uk

Messy Munchies (6m-4yrs)

All Saints Church Hall, Matlock

Mon 10 - 11am

Food sensory play, allowing children to explore foods in a fun environment which can help with the weaning process. Each month is themed. £7.50. Book www.bookwhen.com/messymunchies

Mini First Aid Nottingham & Derby

Across Derbyshire including Belper, Clay Cross, Darley Abbey, Matlock and Oakwood

Award winning 2-hour baby and child first aid classes. Ideal for parents and expectant parents. Babies welcome. £25pp. Private classes also available. maria@minifirstaid.co.uk
07806 820393
www.nottingham.minifirstaid.co.uk

Moo Music Alfreton Area (0-5s)

Alfreton Community Hall

Mon 9.20 - 10am Baby Moo
Mon 10.20 - 11am Mixed Moo
Mon 11.10 - 11.50am Mixed Moo

JL Dance Studio, Ripley

Mon 1.10 - 1.50pm Mixed Moo in the Dark

Wed 11.30am - 12.10pm Baby Moo in the Dark

Wed 12.30 - 1.10pm Baby Moo in the Dark

Shirland Village Hall

Tue 9.20 - 10am Baby Moo
Tue 10.20 - 11am Mixed Moo

Riddings Park Community Centre

Tue 1 - 1.40pm Mixed Moo

Swanwick Centenary Centre

Wed 9.30 - 10.10am Mixed Moo

Somercotes Village Hall

Thu 10 - 10.40am Mixed Moo
Multisensory baby and toddler classes where we sing, dance and have fun to a unique catalogue of songs - you won't find our music anywhere else.

£7 PAYG or block book classes £6.50
Book bookwhen.com/moo-musicalfreton
mooomusicalfreton@outlook.com
07368 523259

Nature Tots (0-4s)

Carsington Water Outdoor Classroom

Mon 10am - 12pm
Fortnightly 06/05, 20/05, 03/06 and 17/06

A wide selection of outdoor activities which may include pond-dipping, stories, mud painting and sensory play. Pay on arrival, parking included. £6 first child; £3 sibling.

Nest & Nurture

Belper Community Hall

Thu 12 - 1pm Hatchlings baby massage & postnatal yoga (6wks-5m) £54 for 6 weeks

Thu 1.30 - 2.30pm Nestlings baby yoga (4/5m-crawling) £54 for 6 weeks

Nurtured Birthing Classes

Thu 7 - 8.30pm (14wks pregnant onwards)
Pregnancy yoga and hypnobirthing. £75 for 6 weeks.

Old Farm Bus (0-11s)

Warmwells Lane, DE5 8JB

Muck Out Mornings

Fri & Sun 9.30 - 11.30am (0-4s)
Messy play, soft play bus and farm animals in the barn child £5 / adult £1. Sun 9.30 - 11.30am craft session (5-11s) - £5

Book at Eventbrite

Home Ed Group

Wed 27/03 & 24/04 12 - 2pm
£3 contribution.
Book via theoldfarmbus@gmail.com

Pregnancy & Post Natal Pilates (babies welcome)
Belper Pilates Studio, East Mill

Mat work - Wed 7.10pm
Reformer - Thu 9.45am, Fri 10.20am
Our physio-led classes are part of the Belper Health Hub. Mums and mums-to-be of all levels of fitness will benefit from safe mat or reformer Pilates instruction from trained physiotherapists. Babies are welcome at all sessions.
Book 07703 116284
www.belperlifefitnessphysio.co.uk

Primrose Art Club (4-13s)
Lizzy Morris Studio

Wed 4 - 5pm (4-9s)
Wed 5 - 6pm (10-13s)
Strutts Community Centre
Wed 4.15 - 5.15pm (10-13s)
Wed 5.15 - 6.15pm (4-9s)
Arts and crafts group sessions where kids can explore their creativity and develop skills.
Book primroseartclub@gmail.com
www.primroseart.club
07387 962150

Sparks Film Club (7-11s)
The Grand Pavilion, Matlock Bath

Wed 5.30 - 7.30pm
Weekly filmmaking workshop on the theme The Camera Games for this summer term. Membership costs £56.25 monthly or £250 termly. Discounts for siblings or groups. Five-day summer camp 29 Jul to 02 Aug 10am to 4pm available too.
DerbyshireNorth@sparksarts.co.uk
www.sparksarts.co.uk/product/filmmaking-classes-derbyshire-north/

Taekwondo Maestros & Masters Academy (4+)
Little Eaton Village Hall

Tue 7 - 9pm (8+)
Sat 9 - 10am (4-7s)
Sat 10am - 12pm (8+)
The Korean martial art of Taekwondo improves fitness, flexibility, balance, confidence, discipline and moral values such as courtesy, integrity, perseverance, self-control and indomitable spirit.
£20 per month for under 8s; £30 per month for 8+.
admin@mandm.academy
07818 559309
www.mandm.academy

The Little Baby Sanctuary (0-active crawling)
Fusion Yoga Well-being Centre, Ripley

Tue 10.30 - 11.30am baby massage
Tue 1 - 2pm baby yoga
Sage Yoga Studio, Belper
Thu 10.30 - 11.30am baby yoga
Thu 1 - 2pm baby massage
Anna Michelle's School of Dance, Darley Abbey
Fri 10.30 - 11.30am baby massage
Fri 1 - 2pm baby yoga

Gentle, interactive strokes and movement supporting common ailments, concerns and baby milestones with Nicky, qualified NNEB nursery nurse, baby massage and baby yoga instructor.
Book www.thelittlebabysanctuary.co.uk
07739 551379

TinyTalk (0-4s)

Communicate with your baby before they can speak! At TinyTalk we sign, bounce and giggle through each class, while you learn a handful of useful BSL signs with action songs, stories and familiar nursery rhymes. Enjoy social time and a nice hot cuppa and biscuits after every class. All class sizes are limited.

Derbyshire Central St Mark's Church, Openwoodgate

Tue 10 - 11am (baby class)
Tue 11.30am - 12.30pm (baby class)
Fri 10 - 11am (baby class)
Fri 11.30am - 12.30pm (baby class)
bookwhen.com/tinytalkdc
www.tinytalk.co.uk/kathgreaves

Derby North St John's Methodist Church, Allestree

Mon 10 - 11am (baby class)
The Church on Oakwood
Tue 10 - 11am (toddlers class)
Tue 11.30am - 12.30pm (baby class)
Mickleover Memorial Hall
Wed 10 - 11am (toddlers class)
Wed 11.30am - 12.30pm (baby class)
bookwhen.com/tinytalkderbynorth
www.tinytalk.co.uk/emilyreeve

Toddler Tuesdays (18m-5yrs)
Denby Pottery Village

Tue 10 - 11am
Creative group craft sessions for your pre-schooler and a free hot drink at Bourne's Coffee shop for you. £7.
Book www.denbypottery.com

Twistin' Tinies Adventures (0-18m non-walkers)
Belper Community Hall

Mon 12.30 - 1.30pm
Tue 11.15am - 12.15pm
Arc Leisure Centre, Matlock
Wed 11.15am - 12.15pm
Innovative sensory adventures to help your baby grow!
Block bookings - 4 trial classes.
£20 for new customers.
www.twistintots.co.uk
07977 578359
jacqui@twistintots.co.uk

Twistin' Tots (0-5s)
Belper Community Hall

Mon 9.45 - 11.20am stay and play
Tue 9.45 - 10.30am
Arc Leisure Centre, Matlock
Wed 9.45 - 10.30am
Darley Abbey Village Hall
Thu 9.45 - 10.30am
Magical music and movement classes for under 5s and their grown-ups.
Weekly or block bookings - 4 trial

classes £20 for new customers.
www.twistintots.co.uk
07977 578359
jacqui@twistintots.co.uk

Vanessa's School of Dance (3-18s)
Vanessa's School of Dance, Belper

Mon 4.15 - 4.45pm nursery class (2.5yrs-reception)
Mon 4.45 - 5.15pm Tiny Tots modern (reception-6yrs)
Sat 9 - 9.30am Tiny Tots acro (reception-6yrs)
Mon to Thu 4pm onwards and Sat 8.45am - 6.30pm (see timetable)
Ballet, tap, modern, contemporary, musical theatre, singing, acrobatics and street dance classes. Adult classes offered in tap, ballet & fitness.
www.vsdance.co.uk
01773 823309 • 07581 228557

UNDER £4 OR FREE

Acorns Toddler Group (0-4s)
Woodlands Church, Allestree

Mon 9.30 - 11.15am
Free play, snacks, singing and a Bible story.
www.woodlandschurch.org.uk
01332 551336

B.E.A.R.S. Breastfeeding Support Group
Heanor Children's Centre

Tue 9.30 - 11am (fortnightly)
Alfreton Children's Centre
Thu 10.30 - 11.30am (fortnightly)
Belper Early Years Centre, Alder Road
Fri 1.30 - 2.45pm
Refreshments, social and breastfeeding support. Meet other parents. Toys and entertainment for the little ones. See Fb page for breastfeeding support and details of antenatal sessions.
07776 495900
Fb messenger

Belper Early Years Centre (6m-5yrs)
Alder Road, Belper

Natural World Group
Fri 10 - 11.30am
Toys, sing-alongs and sensory room. No need to book. £1 donation.
Special Friends Coffee Morning & Playgroup
2nd Wed of the month
9.45 - 11.45am
For children with additional needs and their families.
belperearlyyearsfun@gmail.com
01773 821288

Most classes are term time only. Please check before attending.

Breastfeeding Network Derbyshire

Online - Zoom

2nd Thu of the month 8 - 9.30pm
Workshop for pregnant parents interested in learning more about breastfeeding. Free but register to receive the invite. Check the Fb page for details and the Eventbrite link.

Bridge the Gap Family Hubs (0-5s)

Sinfon Family Hub

Tue 10 - 11.30am

Osmaston & Allenton

Family Hub

Tue 1.30 - 3pm

Mackworth & Morley

Family Hub

Wed 9.30 - 11am

Becket Family Hub

Wed 1.30 - 3pm

A friendly and relaxed space to support your own wellbeing, get creative and talk to the Bridge the Gap team about supporting your child's mental health. Parents can come on their own or with their children. Toys, activities and stories available for children.

No need to book.

www.jwbridgethegap.com

staceyemurray@jwbridgethegap.com
01332 600827

Denby Bottles Messy Church Denby Bottles Methodist Church

3rd Sunday of the month 10.15am
Crafts, food, music and worship.

Derbyshire Dales Mum2Mum Breastfeeding Support Group

*Note all groups run once a month.
Follow social media pages to see which week each venue is.

Hulland Ward Millennium Hall

Every 3rd Wed of the month 10 - 11.30am (at Hulland Hippos)

Wirksworth Memorial Hall

Thu 9.45 - 11.15am (stay and play)

Ashbourne Pavilion

Fri 9.30am - 12pm (stay and play)

Ashbourne Library

Fri 1.30 - 2.30pm

Drop-in sessions run by local mums trained in peer support. Part of the Breastfeeding Network. All welcome.

Derbyshire Toy Libraries Stay and Play

Glebe Field Centre, Crich

Mon 9.30 - 11am

Grassmoor Community Centre

Tue 9.30 - 11am

Belper Community Hall

Wed 9.30 - 11am

Kilburn Village Hall

Thu 9.30 - 11am

Cost of sessions varies from £2-4. Additional siblings/adults £1. Under 6m go free. No booking required.

Strutts Centre, Belper

2nd Sat of the month 9.30 - 11am
multiples playground

For carers of twins and triplets.

Friends of multiples welcome.

£4 for the first child. Additional

siblings/adults £1. Book www.derbyshiretoylibraries.org

Holbrook Baby and Toddler Group (0-5s)

Holbrook Moor Methodist Chapel

Wed 9 - 11am

Have fun and share experiences in a friendly, open environment. Toys for all ages, craft activities, stories and singing plus a healthy snack for the children and cake and a drink for the adults.

£2 per family. No need to book.

07980 652431 or Fb

Hulland Hippos Baby & Toddler Group (0-5s)

Hulland Ward Millennium Hall

Wed 10 - 11.30am (inc. school holidays)

A range of stimulating play activities for under 5s, including a baby area. Snacks and drinks. Songs and a story at the end. Busy, friendly group. New families welcome.

£3 per family. No booking required.
Fb or www.hullandchurches.org.uk/groups/hulland-hippos

Kilburn Baby & Toddler Drop In

Kilburn Village Hall

Sun 9.30 - 11.30am (fortnightly)

Welcoming all families, babies and toddlers to our play, colouring, reading & sensory areas. Drinks provided.

07877 356262

kilburnbaby@gmail.com

Fb [KilburnBabyAndToddlers](https://www.facebook.com/KilburnBabyAndToddlers)

Little Church (0-5s)

St Peter's Church, Belper

Wed 10am - 12pm £1 per family
office@stpetersparishbelper.org.uk

Messy Church (all ages)

Ripley Salvation Army

3rd Fri of the month 3.30pm

Games, craft and stories followed by a meal. Donation of whatever you can afford.

Messy Church (all ages)

St Swithun's Church, Belper

2nd Sat of the month 4 - 6pm -

donation

office@stpetersparishbelper.org.uk

St Mark's Church, Belper

4th Sat of the month 4 - 6pm -

donation

office@stpetersparishbelper.org.uk

Nature Tots

Avenue Country Park, Chesterfield

Fri 10 - 11am

Monthly 10/05 & 07/06

Meet at the carpark for a short walk with fun nature activities along the way. Free. No booking required. Free parking. www.derbyshirewildlifetrust.org.uk/things-to-do

Nest & Nurture Reunion Café Belper

Nest & Nurture Tea Club

Tue 1.15 - 2.30pm

Monthly social and support drop-in session for expectant and new parents. Donation.

Prams & First Shoes (0-2.5s)

St Mark's Church, Openwoodgate

Thu 9.30 - 11.30am

01772 826519

Stanley St. Andrew's Stay and Play (0-5s)

Stanley St. Andrew's CofE Primary School

Wed 2 - 3pm fortnightly (see school website calendar)

Free play session for pre-schoolers, led by a qualified teacher to encourage and develop school readiness. Sit back with a hot drink and have a chat whilst staff run the activities. info@st-andrews-pri.derbyshire.sch.uk • 01159 324252

Toddlers Inc. (0-5s)

Denby Bottles Methodist Church

Tue 10am - 12pm

Lots of toys for all ages, finishing with a song and rhyme time. 50p per child includes a snack and drink for all.

Tots @ Tots

Dot-Teas Emporium, Belper

Thu 10am - 12pm

Drop-in meet-up for mums, dads and carers to come along with little ones. Free but the tea rooms ask that you buy a drink. No booking required.

Tuesday Tots (0-5s)

Central United Reformed Church, Derby

Tue 10 - 11.45am

Enjoy a range of activities including crafts, messy play and a baby area. Singing time at the end. Snacks for children and hot drinks for adults available. Donations welcome.

Booking not required but maximum 20 children per session. More info on Fb.

Whistlestop Wildlife Watch Group (5-11s)

A different place each month

Sun 12 May 10am - 12pm - All About Water Voles

Sun 09 Jun 1 - 3pm - Session led by DWT Junior Rangers

Outdoor wildlife-themed activities at a different nature reserve/wild space in central and north-east Derbyshire each month plus occasional indoor sessions at the Matlock Bath base. Children must be accompanied by an adult. Booking required. whistlestop_watch@yahoo.com

£2.50 for one child; siblings 50p extra

Wirksworth Parent and Toddler Group

Wirksworth Heritage Centre

Wed 2 - 3pm

Enjoy the studio space and café menu and chat with other parents.

Most classes are term time only. Please check before attending.

**Wirksworth Stay and Play
Baby & Toddler Group (0-5s)**

Memorial Hall, Wirksworth
Thu 9.45 - 11.15am

Volunteer-run playgroup with sensory play, a wide range of toys, and themed creative activities. No booking required. Includes snack for the children. Hot drinks and biscuits for the adults. See more on Facebook. 0-6m £1.50; 6m+ £3 per family

**Yellow Daisies Stay & Play
(0-5s)**

The Village Hall, Heage

Mon, Wed & Fri 9 - 11am play group - £3.50 per child
Tue 9 - 11am messy play - £3 per child
Includes snack and drink plus hot drinks for adults.

LIBRARIES FREE

Alfreton

Mon 11 - 11.30am story time

Allestree

Tue 2.30 - 3pm rhyme time

Ashbourne

Tue 10.15 - 10.45am story time

Belper

Wed 11 - 11.30am story and rhyme time
Fri 11 - 11.30am rhyme time

Heanor

Mon 2 - 2.30pm story and rhyme time (fortnightly)

Thu 11 - 11.30am story and rhyme time (fortnightly)

Matlock

Thu 10.30 - 11am story and rhyme time

Ripley

Tue 10 - 10.30am rhyme time

Wirksworth

Thu 2.15 - 2.45pm children's singalong



Find all this information online at
www.boomderbyshire.co.uk



DERBYSHIRE FAMILY HEALTH SERVICE
01246 515100



Follow us on **social media** for updates and loads more content.

**A JURASSIC
DAY OUT**

in Cathedral Quarter

Sat 20th July 2024
11am-4pm

Derby Market Place

Step back in time and meet Zeus – the Giant T-Rex, Emily Bronty and friends!
Train to become a Dino Ranger and have a roooorsome day in Cathedral Quarter!

**CATHEDRAL
QUARTER
DERBY**

Enjoy these other
FREE activities too!

- Dino World AR Trail
- Prehistoric crafting
- Facepainting
- Dino Dig



**FREE
to attend**

www.derbycathedralquarter.co.uk

CathedralQuarterDerby

Cathedral Quarter Derby BID @DerbyCQ

KATIE ABEY: MUM, ILLUSTRATOR, ENTREPRENEUR



Katie is a yellow-haired, creative, illustrator human, who transmutes her deep feelings into artwork in the hopes of making a positive difference in the world.

Tell us a bit about yourself

I'm originally from Langley Mill and moved to South Wingfield ten years ago. I'm an illustrator and general creative human and mum to a craft goblin. I guess that pretty much sums it up!

How would you describe your work?

It's difficult because I used to say, 'Oh, I'm an illustrator,' but it just feels like it's so much more than that. Drawing is what I love doing but I also get a rush from all the organising, reordering stock for the online shop, and being creative brain for Punnydukes – our shop in Matlock.

Tell us about your business

I've been in business for 10 years this year which feels crazy! When I left university, my now husband, Jeff, was working in aerospace and supported me whilst I built the business up. Everything happened quite rapidly and they ended up sacking their engineering job in and we run it together now. Five years ago, Punnydukes was born and the Room of Enchantment event space is going to be two years old this summer. My business partner, Angela, and I do drop-in craft or portrait days and a lot of self-development, spirituality and meditation stuff aimed at adults.

You create new artwork at an incredible rate – where do you get your inspiration?

I made a new year's resolution to do a drawing every day when I started my business ten years ago and I did it every single day for five years. That stopped when I got pregnant and was growing a child and

then raising said child. And then recently, with Violet starting school, I've felt like I've had the capacity to do it again. And I really do love it because it stops me from overthinking because I'm creating every day. It tends to come from personal experiences. If I go through something in my life, I'll try and make it into loads of cute artwork.

Or if someone annoys me, I'll make it into a passive aggressive post!

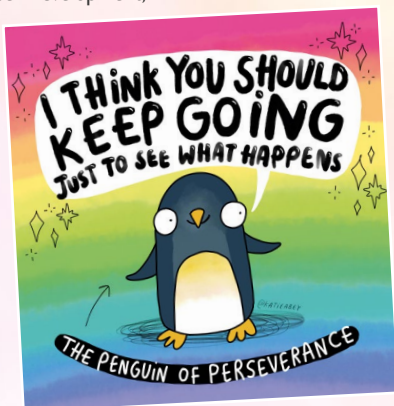
Does Violet share your creativity?

She loves trying everything and is super creative. She's a mix of really proud of my work but also sarcastically unimpressed when I show her stuff! She creates artwork at an insane rate especially at after school club. She loves using my iPad to colour in illustrations I copy for her. I love her style – I want to get one of her drawings tattooed on me!

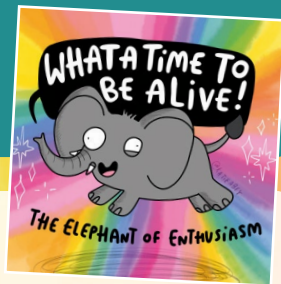


How do you juggle motherhood with running a successful business and with time to be creative?

I just try and be in one mode or the other. Which is not always easy. I think it's easier since Violet's got a bit older and I can say 'that day is a work day' but the creative bit is difficult because you can't force creativity if you don't feel it. Especially if you're exhausted from hard-core mummung! It's hard to feel like you're bossing both but I do try and keep them separate so my brain doesn't explode.



Throughout May and June, join Katie's **free Magic Seeker event at Punnydukes**. Grab a treasure map and find faeries, witches and other magical beings throughout the shop. Tick them off to claim your treasure pin badge!



What do you do for self-care?

I like that question because it's a fairly new thing. And because of me being a bit of a recovering workaholic, the way that I do this is I view my self-care as a project – I

check how well I'm doing at relaxing! I'll extend the walk back from school every day by 20-30 minutes because I really love wandering in nature. I try and get up before Violet to have 15 minutes journaling or something but that doesn't happen every day. And then I really do like my baths but I often find myself scrolling when I could be reading or tuning out so, as I'm assessing this project management of my relaxation, there's room for improvement! And trying to have self-care time means that I then have to be OK with the fact that there's loads of stuff that needs doing.

Mental health and celebrating diversity are strong themes throughout your work. What makes you so passionate about these topics?

I've struggled with my own mental health a lot. I'm a really highly sensitive person which means I feel all the happy feelings really intensely but also all of the low feelings the same. Before I realised that about myself, there's been a lot of times where I've been consumed by the bog quite a lot. Because I know what it's like, it feels good to think that I might be able to help other people with that. It fills me with a sense of purpose. With diversity, I've recently realised that embracing your weirdness is how I would sum up what my message is. The things

that people find weird about you are where your superpowers lie. It's important to voice things that matter and a lot of that is diversity.

What tips would you give someone who wants to pursue illustration as a hobby or career?

Just create from your heart and create every day. That's how I developed my style in the beginning – you can see online how it evolved over the first year as I was getting more confident with drawing so frequently. If you want to do kids' books then it's really useful to get an illustration agent too.

And finally, tell us about some of the proudest moments in your career so far.

Getting to illustrate a book for Ant and Dec was really cool! And I love the books where I've had a bit more involvement in the writing. My favourite is *We Feel Happy* and I was really proud when I went to look around Violet's school and they had it in the library! My name was also the answer to a question on *The Chase* recently which is a good conversation starter! I do feel really proud of myself and I always try and check in with my inner child, Little Katie, and I know that she'd be absolutely buzzing that this is my life.



Join the **Business Witch** coven for small businesses at patreon.com/happinesenchanters

Visit **Punnydukes** and escape with an enchanted shopping experience. Punnydukes, The Courtyard, Dale Road, Matlock, DE43LT



Balance & Bloom Yoga *with Emily*

Pregnancy yoga
Baby massage
Mother and baby yoga
Birth/parenting preparation classes

☎ 07816653812

✉ emilyplastow@hotmail.co.uk



CLICK & COLLECT

OR CLICK & BROWSE
BOOK YOUR SLOT NOW

STAY AND IS PLAY BACK #COMESTAY AND PLAY

For more information and updates on
Stay & Play Sessions visit:

www.derbyshiretoylibraries.org



Charity Number: 1081255

"You'll love it, your
babies will love it.
10/10"

- Jen, TinyTalk Belper
parent



"We both love it so
much! After just one
class I knew I would
book the rest of the
term"

- Rhiannon, TinyTalk
Belper parent



tinytalk

Baby Signing Toddler Talking

Join the UK's favourite baby signing
classes and help your child communicate
before they can speak! Signing babies are
happy babies, able to express their needs,
wants and feelings. Sing, dance, giggle and
learn as you bond with your baby on a
whole new level.

"A judgement-free
zone, with other
lovely parents"
- Annie, TinyTalk
Belper parent



Join our friendly
Belper classes

Tuesdays
10am & 11:30am
Fridays
10am & 11:30am

Find out more and book online
at
bookwhen.com/tinytalkdc
or email
kathgreaves@tinytalk.co.uk



...and there are lots more TinyTalk
classes around the East Midlands!

BOOM BUDDY BOOK RECOMMENDATIONS



We invited our Boom Buddy Families to share a favourite book with the rest of our Boom community. Here are their picks!

Kim – The Shawver Family Building Site Sounds by Sam Taplin (age 0-2)

We found this book on a recent trip to Alfreton library and it was an instant hit! It tells a short story of building a house and has two touch-activated sounds per page such as demolition, cranes, drilling and, Emerson's personal favourite, the saw! He quickly got the hang of identifying and touching the sound buttons and frequently brings me this book to sit and read. We'll definitely be getting more of these from the Usborne collection!



Steph - Boom The Girl of Ink and Stars by Kiran Millwood Hargrave (age 9-12)

Isabella lives on the island of Joya with her father, a cartographer. She's forbidden to leave her home town but, when her best friend disappears, she sets out into the dangerous unknown, armed with a map and a myth. A beautifully-written story of courage, friendship and adventure which my year 6 class loved.



Bethan – The Yallop Family Little Acorn by Melanie Joyce (age 3-6)

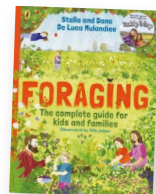
This is a lovely rhyming story telling you about the life cycle of an acorn becoming an oak tree. It has beautiful and bright illustrations showing children (and adults) the wonders of nature. My little ones loved learning about the life of an acorn and how other animals are a part of that journey.



Weronika The Allan Family Foraging: The Complete Guide for Kids and Families

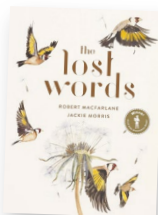
by Stella and Dane De Luca Mulandee (all ages)

If you're looking to encourage your children to go for long walks - look no longer! This book is a comprehensive and child-friendly guide to foraging that includes quests and culinary challenges. Full of pictures and detailed descriptions, it will add so much joy to your nature walks!



Clare – The P Family The Lost Words: A Spell Book by Robert Macfarlane and Jackie Morris (age 4+)

An A4-sized hardback poetry book that was created in response to a popular children's dictionary removing certain everyday nature words because they weren't being used enough. Inspiring and enchanting, it's a celebration of creatures and plants. The beautiful watercolour illustrations add even more charm to this must-have book.



Hannah – The Adamson Family The Happiest Ever After by Milly Johnson (adult)

I'm a firm believer in 'everything happens for a reason' and, for me, that's the message in this book. After hitting her head, Polly loses her memory and thinks she is the main character in the novel she was writing. The book follows her journey to finding her old life and true self! A delightful read with the happiest ever after!



Play and creative arts therapy

Helping you and your child understand, communicate and process their struggles through creative therapies

- *Parent Child Attachment Play training*
- *One-to-one play therapy for children*
- *Creative and therapeutic arts classes*

Get in touch for more information

07711 671990

www.helpingchildrensmileagain.com

The Hollies, 105 Bridge Street, Belper, DE56 1BA



HOPYARD WOOD, KIRK LANGLEY,

FOREST SCHOOL

- Woodland Babes ~ Stay & Play
- Woodland Explorers ~ Saturday
- Half Term Holiday Club

Our Forest School is a magical place that is big enough to explore but small enough to keep the children safe. A place to learn, to heal & to grow.

BOOK NOW AT WWW.HOPYARDWOOD.CO.UK



AFTER SCHOOL CLUB

Join our exciting after-school club tailored for ages 4-11, running Monday to Friday until 6pm! Let your kids unwind with fun activities, enjoy snacks, and get picked up right from school hassle-free.

£10 per child

www.infinite-wellbeing.co.uk

Infinite Wellbeing Community Centre
Market Street, Heanor DE75 7AU

WANT TO LEARN A LANGUAGE OR SIMPLY IMPROVE?

We are prepared to help you succeed!



We can help you:

- Achieve the grade you want at GCSE and A level
- Learn an additional language
- Develop skills at Key Stages 2 & 3
- With home-schooling
- Learn languages for business/work/holidays
- Perfect for the novice and the experienced
- One-to-one or groups



☎ 07918 173844

✉ e-mail: jmoses@languagesforall.org.uk

🌐 <https://www.facebook.com/Languagesforalltd>

🌐 www.languagesforall.org.uk



DANCING THROUGH PARENTHOOD



Written by Alice Marshall (Vale)

Alice, a performer, choreographer, and Dance Academic with Routledge credentials, serves as the Artistic Director of *Adaire to Dance* and leads both undergraduate and postgraduate dance programmes at the University of Derby.

Please note: this article includes experience of baby loss.

“Mummy... when you go to work, what do you do?”

“Well, I am a Dance Lecturer, so I teach, choreograph and write about dance.”

“Hmm. So you get to twirl all day?!”

As many dancers do, I started at a very early age. I was extremely committed and trained hard. Working through my professional exams whilst still at school and then training further at HE level, I always knew that dance was who I am. Neither one could exist without the other. But then I started my journey into parenthood, and this two-sided coin became multi-faced.

My initial parenthood journey was traumatic. I lost two babies, one quite far into the pregnancy. Nobody can ever explain the pain that this causes, and I could never have predicted how profoundly it affected my artistry. My wonderful body that had been my ‘tool’ for so many years, had trained so hard, had made me strong and graceful, had let me down. It had failed to keep my babies alive. I lost the love for dance. But I needed it. My therapist told me to embrace this and dance for my lost babies – and I did. As every artist will tell you, your art-form is what will heal you, and in my story, I danced my way through grief and into two successful pregnancies.

Great, I thought, now to crack on with my dance journey! Oh no, no, no, I now had two children, and those little beauties have managed to change me, and my work. I now see the immense value of



dance for young children and families; I now create work that is accessible for all and am innately interested in how other artistic parents have found the impact of parenthood on their art-form. This has resulted in the creation of ‘The Creative Parent’, a symposium designed to explore exactly that (14th May at Déda). Most importantly, I now look at my body as a wonderful dance tool, but also a wondrous thing that went through pain, and then created two girls who make my heart beat with such joy. That rhythm is now what keeps my twinkle-toes dancing. That rhythm is one of love, dedication, and admiration for what we as parents endure and are fortunate to be a part of.

“Mummy?”

“Yes...”

“When I am very old like you” (Thanks!) “I will dance too – dance like you do – all full of love.”

Yes you will my miracle, yes you will.



✉ a.e.a.marshall@derby.ac.uk

📷 @aemarshall

Symposium booking form:

www.derby.ac.uk/events/latest-events/the-creative-parent-symposium

Wirksworth Heritage Centre

- **Museum** - interactive panels and special exhibitions. Visit our 'Dream Cave' and try on costumes
- Fresh food in our **cafe**. Dogs are welcome in our courtyard area
- Local branded gifts, cards, books and toys in our **shop**
- Family **workshops** including woodturning and needle felting, drop in children's craft sessions
- Monthly table of **events** including heritage talks, poetry, book club and more
- Check out our website for up to date activities, events and opening times

Ask us if you have access requirements and/or book a tailored group visit.



**Wirksworth
Heritage
Centre**

31 St John's Street, Wirksworth DE4 4DS.
Please check www.wirksworthheritage.co.uk
or call 01629 707000 for current details.

@wirks_heritage

@WirksworthHeritageCentre

Wirks_heritage



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

MUSEUM | EXHIBITION | SHOP | CAFE

Currently open everyday except
Monday



**Counselling support
available on demand**

Online

Self-help Courses



**Video
content**



**Short
Sessions**

Topics Include:

- Coping with Grief
- Becoming more Assertive
- Supporting someone with Self-harm

For more info or to get started:
www.billierosetherapy.co.uk
info@billierosetherapy.co.uk

**£45 per
course**

NEW

Find the Alphabet
Safari Educational Wall Art

**Little NAME
Droppers**

**AVAILABLE to buy
from artiprint.co.uk**

Scan here to visit my Arti profile page



Shining Cliff Centre C.I.C
Wellbeing in the Woods



Stay at the hostel in the woods; accommodating up to 20 people in the heart of Shining Cliff woods, a superb get-away-from-it-all that is only accessible by foot.



Or hire our Woodland Hut to use as your base for a day of exploring the woodland or sitting around the campfire with family and friends.

We also run woodland sessions and birthday parties in partnership with All About the Calm. Follow us on Eventbrite to keep updated with our family days, children's sessions and adult wellbeing events in the woods.



www.shiningcliffhostel.co.uk

www.woodlandconnections.org

SCAN ME

Call Kate on 07794 268059 for more information

BELPER GOES GREEN

ECO, COMMUNITY & ARTS FESTIVAL

7-9TH JUNE 2024

BELPER MEADOWS CRICKET CLUB

Over 75 stalls and activities for the whole family!

ECO STALLS, TALKS & WORKSHOPS

LIVE MUSIC, POETRY & OPEN MIC

CAMRA REAL ALE & CIDER TENT

Food including delicious veggie & vegan options

£5.50
WEEKEND TICKET
KIDS GO
FREE!



Belper Goes Green is brought to you by



TRANSITION BELPER

Working together for a greener future

ENJOY MORE OUTDOORS

MARKEATON PARK

MINI GOLF

PITCH & PUTT

FOOTGOLF

PADDLING POOL

MUNDY PLAY CENTRE

CRAFT VILLAGE

ORANGERY CAFÉ

SPORTS COURTS



inderby.org.uk/markeaton



Thu 27 - Sat 29 Jun



Wed 24 - Sat 27 Jul



Fri 2 Aug



Sat 3 Aug



Sat 22 & Sun 23 Jun

Smooth
Radio

Always the best music

derbylive.co.uk

Derby City Council

EVENTS

MAY & JUNE 2024



Events happening locally for all ages!

Magic Seeker FREE

Punnydukes, Matlock

Throughout May & Jun – Wed to Sun – 11am to 5pm

Look for the magic! Grab a treasure map and immerse yourself in the magical fantasy world of Punnydukes. Find faeries, witches and other magical beings throughout the shop and tick them off to claim your treasure pin badge. Suitable for ages 2 – 200.

Bunny Egg Hunt FREE

Matlock Town Council

Until Fri 31 May

Bunny Eggs are hiding the secret location of the precious Golden Bunny Egg. Receive a certificate and badge when you've cracked the code.

Mary Anning Maquette FREE

The National Stone Centre

Until 31 Jul – 10am to 4pm

Exhibition including the model of the bronze statue in place at Lyme Regis, where Mary was born. Other artefacts, lots of information and activities such as a spotter's trail, fossil digging and fossil panning. Free exhibition but some activities are chargeable.

Young at Heart

Intergenerational Stay & Play Coxbench Care

Thu 02 May – 9.30 to 11am

Young children come to sessions to foster new relationships with old friends. Suitable from birth.

Book: Derbyshire Toy Libraries on Facebook

Children's Craft Drop-In FREE

Belper Library

Sat 04 May & Sat 01 Jun – 10am to 3pm

Age 5 and above.

Belper Arts Trail

Various Venues

Sun 05 & Mon 06 May – 10.30am to 4.30pm

170 artists, makers and creatives in 50 venues – displaying, demonstrating and doing workshops. Live music, street entertainment and film events too.

Wristbands: £5



Magical May

Crich Tramway Village

Sun 05 & Mon 06 May – 10am to 5.30pm

Springtime magic with a fairy trail through the woods. Meet the Fairy Queen at the bird hide and make a wish (11.30am to 3.45pm), make fairy dens, attend wizarding school, get your face painted and have a go at Maypole dancing (2 & 3pm). Plus owls and parrots on Sunday, falconry on Monday and Meadow Sprites puppet walkabouts.

Tickets: £23 adult; £14 child (annual ticket)

Superhero Bank Holiday

Funday

Matlock Farm Park

Mon 06 May – 10.30am to 4.30pm

Spider-Man, Batman and Supergirl perform some superhero training sessions for your young superhero wannabes!

Tickets: £16.50 adult; £14.50 child; free under 2

Derbyshire Toy Libraries

Auctions

Fb Derbyshire Toy Libraries

Selling and Fundraising Group

Thu 09 May & Thu 13 Jun (auctions)

Buy it now from the Saturdays

before the auctions from 4pm.

Wed 10am to 12pm; Fri 9.30 to

11am; Sat 9.30 to 11am (collections from Strutts Centre, Belper)

Family Led Board Games FREE

Alfreton Library

Sat 11 May & Sat 08 Jun – 10am to 12pm

Drop in to enjoy a range of board games as a family.

STEAM Tots FREE

Museum of Making

Sat 11 May & 08 Jun – 10 to 11.30am

This loose-parts play session offers a sensory and playful exploration of objects and materials, stimulating children's curiosity, imagination and experimentation. Drop-in session, suitable for children 2-5 years old with their carers. Free – give what you think.



Active Birth Workshop

Shine with Tabitha Yoga

Sun 12 May – 2 to 4.30pm

Emily from Balance and Bloom offers self-help strategies, what to expect, the birthing partner role as well as tools to navigate the maternity system and birthing options/choices. For pregnant women and their partners.

Tickets: £45 for two attendees

Book on Bookwhen

Creative Parents Symposium

FREE

Déda

Tue 14 May – 9.30am

Free event for artistic parents and caregivers, seamlessly blending the joys and challenges of parenting with a passion for creativity. Talks, performances and discussions uniquely designed for family involvement. Book to attend.

Transition to Secondary School

Bridge the Gap, Derby

Thu 16 May & Thu 23 Jun – 5.30 to 6.30pm

Supportive, non-judgemental environment for immediate advice and assistance about your child's move to year 7.

Spectrum Mini Spring Festival

Shipley Park

Sat 18 May – 11am to 3pm

A brand-new mini festival focused on sensory activities and experiences allowing people with Autism and other disabilities to have fun in an environment where they can be themselves.

Tickets: £10 (under 3s free)

Crafty Saturday FREE

Alfreton Library

Sat 18 May & Jun date TBC

Drop in to enjoy free crafts, suitable for all the family

Contact 01629 531481

50th Anniversary Celebrations

Heights of Abraham

Sat 18 & Sun 19 May – 10am to

4.30pm

The Big Music Weekend. Musicians from across Derbyshire and beyond celebrate this anniversary year.

Dance, sing along and immerse

yourself at a memorable and family-friendly event.

Mon 20 May – 10am to 4.30pm
The anniversary of the Pugh family taking over the Heights. The day promises a delightful fusion of history and natural beauty with fun activities for all.

Tickets: £25 adult; £17.50 child (5-15 years) online advance

Early Support Hub Drop-in FREE

Bridge the Gap, Derby

Sat 18 May & Sat 29 Jun – 10am to 3pm
Two small group sessions (attend both) for year 6 children to explore transition and coping strategies to tackle worries and anxiety head-on. Experienced practitioners provide a safe space for children to express their feelings and share experiences.
Tickets: £30

Garden Party FREE

57 Ripley Road, Heage

Sun 19 May – 12.30 to 4pm
BBQ, plant stall, cream teas, stalls, games, face paints and a golf ball race organised by the Heage Committee of Action Medical Research.
Cash only.
Contact: 07443 464619 or 07975 905156

Vintage Tractor Day Heage Windmill

Sun 19 May – 11am to 3pm
Lovingly-restored vintage tractors and stationary engines.

Baby & Brew

Carnero Lounge, Derby

Mon 20 May – 10am to 12pm
Bring your baby, have a brew and enjoy a natter. Have cake and a drink (£6) or join a 2 hour Mini First Aid session from a qualified instructor (£25). Spaces are limited.
Book: curateandcreate.sumupstore.com

Woodland Creatives

Shining Cliff Woods

Tue 21 May & 11 Jun – 12 to 3pm
Family home ed sessions with seasonal crafts and activities. Children of any age welcome with at least 1 adult per family.
Tickets: £2
Book: info@woodlandconnections.org or on Eventbrite

Mr Bobby's Annual Charity Tractor Road Run FREE

The Railway Inn, Shottle

Sat 25 May – 10am
Bake sale and raffle hosted at The Railway Inn. Supporting the Air Ambulances.

Derbyshire Open Arts

Various Venues

Sat 25 to Mon 27 May
200 artists and crafts people exhibiting in 61 venues throughout Derbyshire including The National Stone Centre in Wirksworth, The Haybarn Gallery in Ilam, Crompton Ingfield Village Hall in Turnditch and The Willows in Darley Dale.
www.derbyshireopenarts.co.uk

Seaside Fun

Crich Tramway Museum

Sat 25 to Fri 31 May – 10am to 5.30pm
Enjoy the fun of the seaside with a fun fair, mini-beach, bingo, crafts, Punch & Judy, face painter, balloon modeller, flea circus (25-27 May) and juggling shows (28-31 May)!
Tickets: £23 adult; £14 child (annual ticket)

Medieval May

Bluebells Dairy

Sat 25 May to Sun 2 June – 10am to 5pm
A week of thrilling quests, sword training and magical tales for timeless memories.
Tickets: see website

Wirksworth Carnival Party and Parade

Memorial Gardens

Sun 26 May
Floats, T'Owd Man Morris Dancers, Belly Dance Flames, live music, animal encounters and a fun fair.

Mayfly Craft & Pond Dip

Carsington Water

Mon 27 May – 10am to 3pm
Derbyshire Wildlife Trust drop-in session suitable for 4 years and up.
£1 per craft

Woodland Adventure Days for Kids

Shining Cliff Woods

Tue 28 & Wed 29 May – 10am to 3pm
Den building, shelter making, fire lighting, campfire cooking, games, adventures and fun! A drop off session for children in year 1 and over.
Tickets: £26
Book: info@woodlandconnections.org or on Eventbrite

Family Bushcraft Event

Carsington Water

Wed 29 May – 10am to 12pm
Make a shelter, keep warm and cook on a fire and use simple tools. Suitable for ages 4-11.
Tickets: £10 per person. Parking included. Book: Eventbrite

Mayday Magic

Location TBC

29 May – 1pm
Woodcrafts and stories with Belper North Mill. Suitable for children aged 3-11.
Tickets: £4 per child

Ingenious Creations FREE

Museum of Making

Wed 29 May – 10.30am to 12.30pm & 1.30 to 3.30pm
Taking inspiration from Ingenious Edie, Master Inventor of Tiny Town (see p21), make your own mini creations, precious objects or shiny things, and for one day only, display them at the Museum of Making. FREE drop-in sessions, suitable for families

Bookworms: The Kids' Takeover

Electric Daisy

Thu 30 May – 10am to 3pm
Calling all Bookworms! Head down to Electric Daisy for a day of stories and nature discovery. A full programme of storytelling from authors, illustration demonstrations and talks on nature. Free play in the garden with nature play and craft activities.
Tickets: £5 child; adults free but must book a ticket

Storytelling FREE

Derbion

Thu 30 May
Live children's book reading sessions throughout the day in our themed reading area. Suitable for ages 3-10. Free but booking essential. A Derby Book Festival event.

Kilburn Community Day FREE

Kilburn Village Hall & Church Street Park

Sat 01 Jun – 10am to 1pm
Fun for the whole family. Local groups. Police and other local organisations. Free have-a-go activities.

Rail and Road Steam and Vintage Gala

Peak Rail, Rowsley Steam Depot

Sat 01 & Sun 02 Jun
Showcasing a vast array of vehicles along with children's fairground rides, stalls and refreshments. Steam train rides between Rowsley and Matlock.
Tickets: £10 per ticket plus £10 for discounted train rides (kids go free)



Clocking On - Family Friendly Tour

Belper North Mill

Sun 02 Jun – 2 to 3pm

Join our experienced guides in a short family-friendly walking tour around the mill to find out what Belper children were doing 200 years ago and visit the historic basement to discover some of Belper's amazing story.

Tickets: from £2.50

Book: www.belpernorthmill.org.uk/calendar

Family Owl Event

Carsington Water

Sat 02 Jun – 10am to 12pm

Find out about our five native owl species, their habits and their habitats. Then identify their prey by dissecting an owl pellet!

Suitable for ages 4-11.

Tickets: £6 per person. Parking included

Book: Eventbrite



The Big I FREE

Cathedral Green

Sat 02 Jun – 11am

Chaddesden's annual summer family fun day for all to enjoy.

Check out our full half-term events guide on our blog!

Belper Goes Green

Belper Meadows Cricket Club

Fri 07 to Sun 09 Jun

Boom will be part of this joyful event! Come along and say hello! We'll be in the tennis courts with Derbyshire Toy Libraries. Celebrate the local community with music, talks, crafts, great food, cracking beer, and an environmentally-conscious approach.

Weekend tickets: £5.50

The Great Big Green Week

FREE

St Peter's Quarter, Derby

Sat 15 Jun – 11am to 4pm

An exciting day filled with eco-friendly fun. Flower and ivy stilt walkers, seed bomb making, crafting with recycled packaging and more. Learn, create and make positive green swaps together. Part of a week of celebrations (08 – 16 Jun).

Father's Day Bushcraft Event

Carsington Water

Sun 16 Jun – 10.30am to 12.30pm

Make a shelter, keep warm and cook on a fire and use simple tools.

Suitable for ages 4-11.

Tickets: £10 per person.

Parking included

Book: Eventbrite

Father's Day Dinosaur Day

Matlock Farm Park

Sun 16 Jun – 10am to 4.30pm

Learn about Rita the great T-Rex and several baby dinosaurs at outdoor shows throughout the day. Find them wandering around the park and let the kids join in some dig site fun.

Tickets: £16.50 adult; £14.50 child; free under 2

Ilkeston Music Festival

New Manor ground

Sat 22 Jun – 10.30am to 10.30pm

A great family day out. Tribute Acts to Queen, Oasis, Arctic Monkeys, Rihanna, Little Mix, Harry Styles and many more.

International StreetFest

Extravaganza FREE

Ashbourne

Sat 22 & Sun 23 Jun – 10am to 5pm

Kicking off the Ashbourne Festival, Entertainers from all over the world challenge themselves (and members of the audience!) to perform death defying feats and incredibly silly

stunts. Events continue until 07 Jul. See ashbournefestival.org for full listings

Derbyshire County Show

Elvaston Showground, Derby

Sun 23 Jun – 9am to 5.30pm

Horse, dog, cattle and sheep shows, Shetland pony racing, donkey rides, bouncy slides, fairground, petting zoo, crafts, vintage cars and food fayre.

Tickets: £18 adult; £2 child

Music on Crossley Park FREE

Crossley Park, Ripley

Sun 23 Jun – 2.30 to 4.30pm

The fantastic Newstead Brass will be performing from the bandstand. Bring a chair and picnic, sit back and enjoy the music!

Celebrate Sadler Gate FREE

Sadler Gate, Derby

Sat 29 Jun – 11am

A fun filled day for all of the family. A vibrant day of live music, historical tours, magical characters and more in the heart of Cathedral Quarter.

Kids' Sunday Adventures

Shining Cliff Woods

Sun 30 Jun – 11am to 2pm

Sundays were made for adventures so let your kids go wild in the woods! A drop off session for children in year 1 and over.

Tickets: £16

Book: info@woodlandconnections.org or on Eventbrite

There's just SO much going on in Derbyshire so, for May and June's theatre, film and market listings, visit our blog at www.boomderbyshire.co.uk

SUMMER FILM CAMPS 2024

Book your place www.sparkstart.co.uk

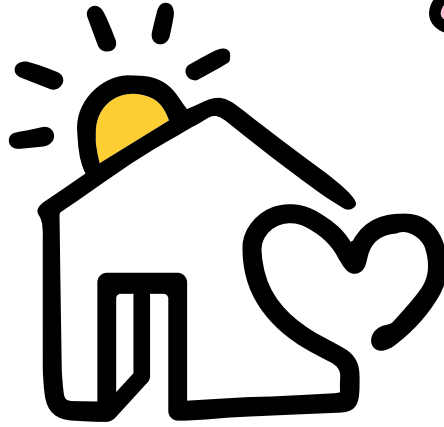
SPARKS
Sparking ideas in film and media arts

Vanessa's School of Dance.

We invite dancers of all ages and abilities to join our school. Whether it is for exam work, competitions, or simply for fitness.

www.vsdance.co.uk
T: 01773 823309 • M: 07581 228557
E: ness_tap@hotmail.com
Albert House, Derwent Street, Belper DE56 1UQ

FOSTER



for
EAST MIDLANDS



**Together, let's shape
a brighter future
for every child.**

Derby, Derbyshire, Nottingham and
Nottinghamshire councils need you.



Find out more and enquire at
fosterforeastmidlands.org.uk



 Funded by
UK Government


Derby City Council

 **DERBYSHIRE**
County Council

 **Nottingham**
City Council

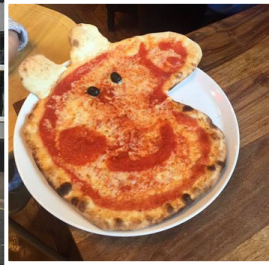
 **Nottinghamshire**
County Council



THE LION HOTEL

**A WARM WELCOME
FOR FAMILIES**

Hotel, Restaurant & Bar
Gastro Pub & Pizzeria
Superb children's menu
Function rooms



THE LION HOTEL BELPER

24 Bridge Street
Belper, DE56 1AX

enquiries@lionhotelbelper.com

lionhotelbelper.com

01773 824 033



St Elizabeth's

Catholic Voluntary Academy

We are a small, friendly primary school welcoming children of all faiths, or no faith, to learn, work and play.

If you would like a tour of our school please call us on 01773 822278. We would love to hear from you.

Scan the QR code to visit our website



Matlock Road, Belper, DE56 2JD



DERBY CHILDREN'S PICTURE BOOK AWARD



Written by Vanessa Cameron

Vanessa is a book lover, play creator, accidental gardener, mother, former teacher and the Children and Young People's Co-ordinator at Derby Book Festival.



Now in its sixth year, Derby Children's Picture Book Award was started by Di Smith in response to the CLPE (Centre for Literacy in Primary Education) report that found that picture books published in the

UK were not reflecting the diversity of modern Britain. The Award aims to inspire a new generation of readers through books which reflect their own lives and experiences, enabling children to see themselves represented in the books they read.

Here is a brief introduction to the three shortlisted books and the book that was highly commended, by a team of Derby teachers in 2024.

The Dress in The Window by Robert Tregoning and Pippa Curnick (Oxford University Press)

Highly Commended: Have you ever seen a dress so sparkly and beautiful that you just had to have it? The boy in this story falls in love with a dress in the charity shop window and dreams of making it his. This story is joyful and affirming and I especially love the page where he imagines all the different people who could have worn it. The delightful rhyme and Pippa Curnick's dazzling illustrations make this a wonderful book. The teachers were keen to include this book's messages of working to earn the things that you desire, and family love and acceptance.

Ingenious Edie, Master Inventor of Tiny Town by Patrick Corrigan (Flying Eye Books)

Journey into the tiny town where Edie lives with her friends and works, by herself, to invent solutions to their problems. But when a Magpie thief causes trouble, Edie has to work with her friends to sort

things out. The illustrations are delightful and so elaborate, that you'll be spotting new details with each read. A story about the value of friendship, teamwork and finding positive solutions to difficulties.

Someone Just Like You by Helen Docherty and David Roberts (Simon and Schuster Kids)

Inspired by the words of late politician, Jo Cox MP, that we have more in common than that which divides us, Helen Docherty encourages us to look for similarities between ourselves and others. Her beautiful words are brought to life through David Roberts' incredible illustrations. These are a real highlight, being bright and intricate, adding additional empathy to the words. The shortlisting teachers were particularly impressed with how appealing the book is. You will find yourself engrossed!

Thunder Boots by Naomi Jones and Rebecca Ashdown (Oxford University Press)

And finally, this year's winner, voted for by the children of Derby. Thunder Boots is the tale of rambunctious Trixie, who enjoys life without fear. She excitedly starts school and loves it, until she begins to find letters very tricky. Inspired by both the author's and the illustrator's experiences with dyslexia, the story is a joyful celebration of difference and how everyone has a superpower. What's yours?

Derby Book Festival organises three festivals in 2024, as well as a year-round programme of community projects all aimed at bringing books to life for the people of Derby. We are developing an increasing number of events for children and young people and we'd love for you to join us soon.



derbybookfestival.co.uk

[/DerbyBookFestival](https://www.facebook.com/DerbyBookFestival)

[@derbybookfest](https://www.instagram.com/derbybookfest)

[@derby_book_festival](https://www.tiktok.com/@derby_book_festival)

Denby
1809

**POTTERY
VILLAGE** 

SHOP • EAT • EXPERIENCE

MID-WEEK FUN AT DENBY POTTERY VILLAGE

Arrange a play date or catch up with friends, there's always plenty to keep the little ones busy throughout the week at Denby Pottery Village



Pottery Painting



Toddler Tuesday Crafts (Term Time)



Keepsakes



Play with Clay

For more information, pop to The Welcome Desk in the Craft Studio or visit: denbypotteryvillage.com

To book visit: denbypottery.digitickets.co.uk/tickets



DENBY POTTERY VILLAGE
Derby Road, Denby, Derbyshire DE5 8NX



LESTER & NIX

VISIT YOUR LOCAL ELECTRICAL STORE!

**WE HAVE COMPETITIVE DEALS ON
HOUSEHOLD APPLIANCES SUCH AS:**



Washing Machines & Dryers

Fridges & Freezers

Dishwashers

TV's

Small Appliances



We specialise in major brands such as...

Shark



BOSCH
Invented for life

NINJA

dyson

SAMSUNG



Indesit
Life proof.

SIEMENS

Hotpoint

LG beko

Contact Us Today!

Visit our store: 11-13 King Street, Belper, DE56 1PW
Call us: 01773 822828 Email: lesterandnix@gmail.com

Brand new eco-friendly school now open!



St Mary's
Catholic Voluntary Academy



**St Ralph
Sherwin**
Catholic Multi Academy Trust

Come and join our St Mary's family

*We also offer nursery
education for children
aged 3 and above*

Scan the QR
code to visit
our website



Broadway, Derby, DE22 1AU

📞 01332 554831



**FIND
THE MAKER
IN YOU**

**MUSEUM
OF
MAKING**
DERBY SILK MILL

Nominated for European Museum of the Year

derbymuseums.org |

FIVE FAMILY FILMS



Written by Amanda Mundin

Amanda opened The Ritz Cinema, Belper in 2006 to bring a wide variety of quality films to the town. She currently programmes films at five independent cinemas and is busy spreading the film love!

The Ritz Cinema Belper is the perfect place to see a wide variety of films for all ages. Every school holiday there is a film for all the family to enjoy. In May half-term, we will be showing **If**, starring Ryan Reynolds as the father of a young girl who can see everyone's imaginary friends who have been left behind as their real-life friends have grown-up. During the summer, you'll be able to catch our screenings of **Inside Out 2**. On the days when you're not at the big screen, here are The Ritz top five family films to look out for on the small screen at home...



5. NIMONA

In a futuristic world, Ballister Boldheart is framed for a crime he didn't commit and the only person who can help him prove his innocence is the shapeshifting Nimona. Through their adventure, they learn about acceptance and the importance of being true to yourself by celebrating individuality and the power of friendship.

4. ENCANTO

This film tells the story of a magical family in Colombia where every member possesses unique abilities apart from Mirabel who has no apparent gift. Because of this, she feels left out and sets about learning what she can do despite her lack of powers. This is a fantastic story about family bonds and embracing differences with some very catchy songs thrown in!



3. SPIDER-MAN: INTO THE SPIDER-VERSE

Miles Morales is bitten by a radioactive spider and develops powers to transform him into Spider-Man. It is when he meets Peter Parker that he learns that multiple people can wear the mask of Spider-Man in the fight against evil. Anyone can be a hero. With its highly original animation, this is a colourful, imaginative and funny update to the franchise.



2. STRANGE WORLD

A group of friends find themselves transported to a mysterious realm where their imaginations come to life. As they navigate this strange world together, they learn to appreciate each other's differences and the strength of their friendship. This is a fresh take on a classic adventure story.

1. MOANA

A Polynesian princess sets off on an adventure to save her people when their island is threatened. Along the way, she forms an unlikely friendship with the demigod Maui, learning the importance of self-discovery, perseverance and empathy. With its captivating story, colourful animation and enduring songs, Moana is the most entertaining of films to celebrate diversity, friendship and having the courage to follow your heart.



Whether it's through empowering characters like Moana and Nimona or via the celebration of family bonds in Encanto, all these films will inspire children to embrace their individuality, cultivate meaningful friendships and navigate the complex emotions of courage and kindness.



🌐 www.ritz-belper.co.uk
☎ 01773 822224
📍 76B King Street, Belper DE56 1QA

Introducing your local **Window Woman**

- Steamy Windows
- Door Service and Adjustments
- Handle and Lock Repairs
- Leaks and Draughts

Call:

07741 985585

Find me on Facebook:

Yes She Can



VetCare@Home

An amazing life
deserves amazing care.

- ✿ End of Life Care
- ♥ Disease Management
- 🐾 Vaccinations
- 🐾 Breeder Services
- 🐾 Senior Pet Care
- 👂 Ear, Eye & Skin Care

→ *much more...*

Treating Pets as Family

☎ 01773 302 220

🌐 www.vetcarehome.co.uk



Let's get the cleaning done!

We are a locally based company providing households the very best cleaning service available.

REGULAR CLEANING SERVICE

Typically

£16.50
per hour
inclusive

Honest, reliable, affordable,
local, police checked cleaners
to clean your home

TIME FOR YOU
DOMESTIC CLEANING

As featured on BBC2's Working
Lunch 7 CH4's 'House Swap'!

call TODAY!

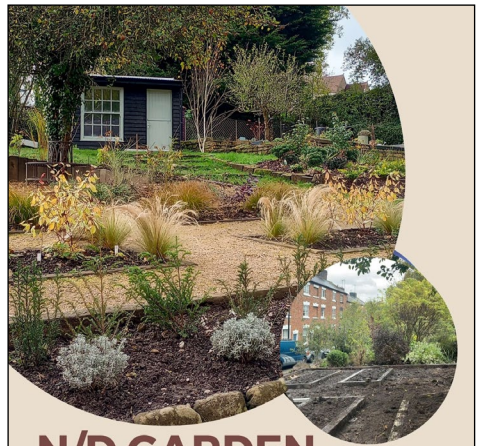
01629 332036



* police checked cleaners available on request.
* all discounts or promotions are subject to our terms
available by visiting www.timeforyoucleaning

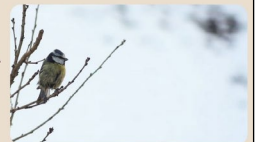
www.timeforyou.cleaning/DerbyshireNorth

Email: derbyshirenorth@uk.timeforyou.cleaning



N/D GARDEN DESIGN

CREATING BEAUTIFUL
WILDLIFE FOCUSED
ECO-FRIENDLY
GARDENS



- 07508216654
- gardendesignnd@gmail.com

GETTING CREATIVE IN THE GARDEN



Written by Steven Howard from N/D Garden Design
Steven is an eco-friendly garden designer and consultant based in Ashbourne, Derbyshire.

By May, the garden is a hustle and bustle of life, the busiest time of year for both the gardener and the wildlife that calls the garden home.

Most gardeners and garden designers would tell you that, while May is not necessarily the right time of year to start planning your garden, it's certainly a good time to see where changes need to be made in your planting. The early summer gap before the main show in June can be a tricky one to fill but there are a few design tricks and tips to help make sure the garden looks beautiful all year round.

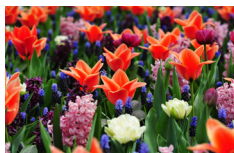
Planting Choosing the right plants for a garden can often be the biggest part of the battle and understanding what will work and what won't work, whether that be aesthetically or otherwise, is why gardeners with good knowledge are so sought after. It's important to remember to utilise what works and not try to force things and then run with it. Grouping three, five or seven of the same plant is a brilliant way of adding continuity, structure and order to your garden. The same can be said for grouping flowers of the same colour. Having lots of different flowers chosen from the same colour palette is a wonderful way of designing your planting scheme but, rather than simply adopting a buy-one-of-everything approach, try choosing three of each to maximise on form and texture. If you notice you have a flower or colour gap in your garden it's a good idea to go to the garden centre or nursery and buy plants which are just coming into bloom. If you do this once a month and buy in groups you'll always have something flowering in the garden.

Permanent Structure One element of garden design which cannot be overlooked is how to incorporate permanent structure. Topiary, whether it be large and lavish garden sculptures or simple clipped balls or mounds, really add a touch of class and elegance to a garden as well as giving shape and structure through the whole year. Topiary pieces

are a versatile addition to the garden, adding a focal point which draws the eye but also giving a neutral backdrop to allow the flowers to perform in front of. Although the more traditional Box (*Buxus sempervirens*) is becoming a less wise choice, due mainly to the rise of the Box Moth caterpillar, there are plenty of suitable alternatives which work just as well. One of my favourites, which I use in most of the gardens I create, is *Pittosporum tenuifolium*. Although it grows quicker than Box, it holds its shape well and helps to create structure in the border.

Learning More Whether you're just starting to learn about gardening or planning a big project over the next few months, there are some fantastic books which might help get the creative juices flowing. Here are a few I recommend which will give you a helping hand in creating a beautiful garden.

- 🌱 *Dream Plants for the Natural Garden* by Piet Oudolf and Henk Gerritsen
- 🌱 *Garden Style* by Heidi Howcroft and Marianne Majerus
- 🌱 *The No-Dig Children's Gardening Book* by Charles Dowding
- 🌱 *The Cottage Garden* by Claus Dalby
- 🌱 *Resilient Garden: Sustainable Gardening for a Changing Climate* by Tom Massey
- 🌱 *Wild: The Naturalistic Garden* by Noel Kingsbury



N/D
Garden Design

✉ gardendesignnd@gmail.com

☎ 07508 216654

📷 @stvn_j_hwrđ





CABOODLE

--- Textiles ---

Let kids
express
themselves
with our
vibrant
prints
and colours



Facebook/Instagram:
CaboodleTextiles

--- www.caboodletextiles.co.uk ---



Easy Accounts Ltd is a
breath of fresh air in the
world of accountancy.

Why choose Easy Accounts?

- **FREE** book-keeping software that's really **EASY** to use
- Check out our great low prices at www.easyyaccountsltd.co.uk
- Friendly advice for small limited companies and sole traders

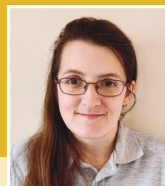
For more information go to www.easyyaccountsltd.co.uk
or call Liz on **01773 880113**

Let us change your accountancy experience for the better!

Easy Accounts Ltd.

Unit 6, Heritage Business Centre, Derby Road, Belper, Derbyshire, DE56 1SW
Tel: 01773 880113. Web: www.easyyaccountsltd.co.uk Email: liz@easyyaccountsltd.co.uk

CREATE YOUR OWN PUPPET THEATRE



Written by Amy Stevenson from Primrose Art Club

Amy has loved delving into a range of creative activities since childhood due to her Granny offering space and materials. She opened Primrose Art Club to provide other children with the same opportunities.

Everyone loves making stick and sock puppets so how about making your own puppet theatre to re-tell your favourite stories or make up your own? The Hungry Caterpillar could join the Tiger in coming for tea or the Three Little Pigs could go on a Bear Hunt. This theatre also includes instructions for creating extra backgrounds to swap and change depending on the setting of the story. You could even make more backgrounds at another time when you get more ideas.

What you will need:

- Shoe box
- Cereal box
- Ruler
- Scissors
- Paints, pens, pencils or collage materials and glue or tape for decorating
- Paper
- String or wool



Method:

1. To begin with, turn your shoe box onto its long edge and push the lid into the box. The lid will act as the stage for your theatre.
2. Cut a T shape out of one side of the cereal box. Make the top of the T at least 3 cm thick and 3 cm wider than the central part of the T on each side.
3. Cut a slot in the top of the shoe box the same width as the middle part of the T. Ensure it is central (get a grown up to cut the slot).
4. Slide the card in and out of the slot to check it fits properly. Once it does, you can use your T as a template to make another T out of the other side of the cereal box.

5. The next step is to take everything apart and decorate your shoe box and T shapes. I used paint but you can use collage materials, pens or pencils. Make the shoe box lid (your stage) brown and decorate your Ts and the back of the shoe box with different backgrounds (I made a valley, a forest and an under the sea background). You can also decorate the outside of the box.
6. Create curtains for your stage by making two paper fans and tying them in the middle with some string or wool.
7. Once everything is dry, stick your stage back inside the shoe box. You should be able to pop one T at a time in the slot so your theatre has three different backgrounds.
8. Stick one end of each curtain to the top of the box on the inside, making sure they keep to the sides.

Extra idea:

You could get a grownup to film or take photos of the puppet theatre as you tell a story. They could then send these to your family and friends or share them on Instagram @boom_magazine_derbyshire or to Boom Magazine Derbyshire on Facebook.



www.primroseart.club
primroseartclub@gmail.com
07387 962150

DARREN MAYES DECORATORS

INTERIOR & EXTERIOR • PRIVATE & COMMERCIAL

FREE ESTIMATES • ESTABLISHED 2001

Tel: 01773 820656

Mobile: 07966 296925

34 GEORGE STREET, BELPER, DERBYSHIRE DE56 1DL

Email: dmayesdecorator@btinternet.com

WorkRoutes
WORK AND HEALTH PROGRAMME



**We'll get you
back on track.**


Free, expert help for jobseekers.
Get started at workroutes.co.uk
or call 01332 973 244



Reed in Partnership
Alternative accessible formats available on request


Department
for Work &
Pensions

The Reading Doctor's mission
is to unlock the potential in
struggling readers
and writers



I am a qualified teacher, based in Belper, offering one to one support using high quality, multi-sensory resources

We teach the way you learn



Contact Kate, your local Reading Doctor
07787881704
www.thereadingdoctors.com
kate@thereadingdoctors.com

BOOK YOUR
READING TODAY!!



INTUITION
We Create Our Own Reality
www.intuition111.co.uk

- CLAIRVOYANT, TAROT READINGS, SPIRITUAL LIFE COACHING, HEALING CIRCLES, SPIRITUAL GUIDANCE WORKSHOPS AND LOTS MORE

Call 07790033587 or 01773307825

**Not Just Coffee
& Gifts Belper**



We are a new family run business providing:

- great coffee
- cooked breakfast lunches
- afternoon tea buffets
- Children's parties and fantastic gifts

Come and enjoy our secure outside courtyard seating area.
Or try our upstairs snug, showcasing gifts such as children's toys, sweets, candles, much more!

We have baby changing facilities, a children's menu, colouring books & crayons. We are Dog Friendly too!

3 Strutt St, Belper DE56 1UN 01773 448000

Welcome to



Interactive role play centres based in South Derbyshire

Titchy Town and Hero Town are both indoor play villages designed especially for little ones up to 8 years of age. Children can freely explore the many different play zones in both villages. The villages are designed to allow children's imagination to run wild whilst they role play in a safe environment.

Grown-ups can participate in their child's play, or just sit back and watch them learn whilst enjoying a mug of freshly brewed tea or coffee and an amazing homemade cake from our little coffee shop.

Where are we?

Titchy Town is based on the site of Scallywags Private Day Nursery in Chellaston (Rowallan Way, DE73 5WX).

Hero Town is based on the site of Scallywags Private Day Nursery in Melbourne (Castle Lane, DE73 8JB).

Please use Scallywags car park at both sites. You will find signage in both car parks on how to access the centres.

How it works?

Both role play centres work on a pre-book via our website and pay on arrival basis with sessions lasting 90 minutes. On your first entry you will be issued a loyalty card and for every nine sessions you attend you will receive your 10th entry free of charge! Loyalty cards can be used across both sites. Payment is cash only.

Titchy Town Play Village

Castle Store
Town House
Vets 'n' Pets
Anabelle's Café
Wash 'n' go
Harry's Yard

Hero Town Play Village

Dolly Dogs Grooming Parlour
George's Garage
Simon's Shed
Foston's Fire Station
Mrs Potts tearoom
The Land Where Dreams Come True
Castle Lane clinic
Baby Zone

To find out more or to book into a play session...

Visit our websites: titchytown.com or hero-town.co.uk

MOORWAYS WATER PARK

Book now at everyoneactive.com/Moorways

Moor Lane, Allenton, Derby DE24 9HY

Derby City Council | everyone ACTIVE

everyone ACTIVE

JOIN OUR SWIMMING LESSONS

AND CLAIM A FREE* 6 MONTH 

With Kids Pass you can make great savings at hundreds of UK attractions plus 1.4 million hotels worldwide. Visit everyoneactive.com/kidspass

*GB only, 18+. Promotion opens 09:00 01/04/2024, closes 23:59 31/03/2025. Redeem by 23:59 31/05/2025. Automatic claim for one free 6-month membership code to Kids Pass for Everyone Active cardholders joining swimming lessons on Direct Debit or continuing their Direct Debit for swimming lessons as of 09:00 01/04/2024 or paying in full in advance for swimming lessons during the promotional period at participating centres. Everyone Active card required to join swimming lessons. Opt-out via email. Max one claim per person. Valid email address required to claim, and internet access required to redeem free membership code on-line. Kids Pass requires app download and registration. Existing Kids Pass members will receive an additional 6 months on their pass by emailing enquiries@kidspass.co.uk. Exclusions apply. Visit www.everyoneactive.com/kidspass for full terms.