

FREE



THE DERBYSHIRE HANDBOOK  
FOR FAMILIES WITH 0-11'S

READ ONLINE AT [WWW.BOOMDERBYSHIRE.CO.UK](http://WWW.BOOMDERBYSHIRE.CO.UK)

ISSUE 30

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PHOTO CREDIT: ALVAREZ



**POTTERY VILLAGE**  
SHOP · EAT · EXPERIENCE



## FESTIVE EVENTS AT DENBY

Enjoy the simple pleasures of activities done together at Denby Pottery Village this Christmas



### SANTA EXPERIENCE

24th Nov – 24th Dec  
From £16.95 per child



### AFTERNOON TEA WITH SANTA

16th – 23rd Dec  
£18.95 per person



### BREAKFAST WITH MRS CLAUS

24th Dec  
£18.95 per person



### POTTERY PAINTING WITH MRS CLAUS

25th & 26th Nov  
£10 per child



FREE ENTRY

### CHRISTMAS MARKET

1st – 4th Dec  
8th – 10th Dec



### WINTER WREATH WORKSHOP

1st, 2nd, 3rd, 9th, 10th Dec  
£45 per person

For more information and to book your experience visit:

[denbypottery.digitickets.co.uk](https://denbypottery.digitickets.co.uk)

or follow the QR code

**DENBY POTTERY VILLAGE**

Derby Road, Denby, Derbyshire DE5 8NX



# BOOM...

## hi there everyone!

We're Heather and Steph and are delighted to introduce ourselves to you as the **new owners of Boom Magazine!** As local mums with a passion for exploring all that Derbyshire has to offer, we're excited to continue to grow the Boom community, supporting local families and businesses alike.

This issue is, of course, **packed with festive fun** for the lead up to Christmas. To help you shop locally, we've carefully curated an **unmissable Derbyshire makers' gift guide**. You'll also find a recipe for reindeer cupcakes, an article about Christmas traditions around the world, some great **book recommendations** and an insightful piece about **family mental health** at Christmas. Of course, we've not forgotten the **class timetables** for this half-term and the all-important **Christmas events listings**.

We'd love you to **follow our social media accounts** too, for all the Christmassy content we couldn't fit in the magazine! 2024 will be a big year for Boom so this way you won't miss out!

Finally, we want to say a huge **THANK YOU** to Jo for entrusting Boom to us. She's invested seven years of time, energy and ideas into making the magazine all it is today and we hope we can continue to build upon her legacy. We're sure that readers, advertisers and writers alike will join us in wishing her the very best with her next adventures.

Enjoy the festive season,



*Steph & Heather*

steph@boommagazine.co.uk  
heather@boommagazine.co.uk  
www.boomderbyshire.co.uk



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### Get in touch!

To list a class or event or suggest an article,  
email [steph@boommagazine.co.uk](mailto:steph@boommagazine.co.uk)

To find out more about advertising in Boom,  
email [heather@boommagazine.co.uk](mailto:heather@boommagazine.co.uk)

Or, if you're not sure who you need to speak to,  
just email [info@boommagazine.co.uk](mailto:info@boommagazine.co.uk)

We can't wait to hear from you!

### You can pick up a copy of Boom at many places INCLUDING:

nurseries, pre-schools and reception classes in Belper, Ripley, Allestree, Ambergate, Holbrook, Kilburn, Little Eaton, Darley Abbey, Quarndon, Codnor, Turnditch, Denby, Duffield, Milford and Crich.

Also in classes, cafes and shops around Belper town.

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45 Degrees Design & Print  
01773 880 365  
[info@fortyfivedegrees.co.uk](mailto:info@fortyfivedegrees.co.uk)

**45° FORTY FIVE DEGREES**  
Design & Print

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## BOOM BUDDIES

### Join our Boom Community!

We're looking for Derbyshire families who would like to work with us to create content, either online or in print.

No special skills needed, just a desire to share your adventures and activities with others.

Tell us why you'd be a great fit for our Boom Buddies team by completing our online form which you can find on our website, Facebook and Instagram.



# GROUPS & CLASSES FOR 0-11s

## AROUND DERWENT VALLEY, AMBER VALLEY, DERBY & BEYOND!

### **Acorns Toddler Group (0-4s)** **Woodlands Church, Allestree**

Mon 9.30 - 11.15am

Free play, snacks, singing and a Bible story. 01332 551336

[www.woodlandchurch.org.uk](http://www.woodlandchurch.org.uk)

### **AVP Theatre & Arts Academy (5-16s)**

#### **St Johns Church Hall, Mickleover**

Tue 6.15 - 7.15pm – Juniors

Tue 7.15 - 8.15pm – Seniors

Fri 4.30 - 5.15pm – Minis

Fri 5.15 - 6.15pm – Juniors

Join our drama classes and make new friends. Working with a professional actor and theatre-maker, children will create performances, learn new skills and build confidence, all whilst having fun! There are opportunities to perform in two shows a year, as well as having the chance to create films, develop scripts, and help to make props. LAMDA training and exams offered too. [avptheatre@gmail.com](mailto:avptheatre@gmail.com) 07462 549429 / [www.avp-theatre-arts-academy.class4kids.co.uk](http://www.avp-theatre-arts-academy.class4kids.co.uk)

### **Baby Sensory (0-13m)**

#### **Lion Hotel, Belper**

Wed 10 - 11am (birth-6m)

Wed 11:30am - 12:30pm (6m-13m)

Wed 1 - 2pm (birth-13m)

#### **Ripley Leisure Centre**

Thu 10 - 11am (birth-6m)

Thu 11.30am - 12.30pm (6m-13m)

Thu 1 - 2pm (birth-13m)

Book 07989 443734 / [www.babysensory.com/centralderbyshire](http://www.babysensory.com/centralderbyshire)

### **B.E.A.R.S.**

#### **Breastfeeding Support Group** **Belper Early Years Centre, Alder Road**

Fri 1.15 - 2.15pm (weekly)

#### **Heanor Children's Centre**

Tue 9.30 - 11am (fortnightly)

#### **Alfreton Children's Centre**

Thu 10.30 - 11.30am (fortnightly)

Refreshments, social and breastfeeding support. Meet other parents. Toys and entertainment for the little ones. See Fb page for breastfeeding support and details of antenatal sessions. 07776 495900 / Fb messenger

### **Belper Cloth Nappy Library**

Various cloth nappy kits available to hire from newborn to toddler.

Contact for more information.

[www.belperclothnappylibrary.com](http://www.belperclothnappylibrary.com) / Fb

### **Belper Early Years Centre (6m-5yrs)**

#### **Alder Road, Belper**

#### **Natural World Group**

Fri 10 - 11.30am

Toys, sing-alongs & sensory room.

No need to book. £1 donation.

#### **Special Friends Coffee**

#### **Morning & Playgroup**

2nd Wed of the month 9:45 - 11.45am

For children with additional needs and their families [belperearlyyearsfun@gmail.com](mailto:belperearlyyearsfun@gmail.com) / 01773 821288

### **Burnett Academy Martial Arts (3+)**

#### **Fitpit Belper**

Sun 10.15 - 11.05am

#### **Kilburn Village Hall**

Tue 4pm

A family run martial arts school with 14 years teaching experience. Teaching kids self-discipline, self-confidence & self-control. [enquiries.burnettacademy@hotmail.com](mailto:enquiries.burnettacademy@hotmail.com) / 07779 521141

### **Captive Audience Drama (6-18yrs)**

#### **Strutts Community Centre, Belper**

Sat 10am - 12pm – multiple sessions Exploring drama, learning new skills and building confidence.

07799 892320 / [captiveaudience@live.co.uk](mailto:captiveaudience@live.co.uk) / [www.captiveaudience.org.uk](http://www.captiveaudience.org.uk)

### **Derbyshire Toy Library Stay & Play**

#### **Glebe Field Centre, Crich**

Mon 9.30 - 11am

#### **Belper Community Hall**

Wed 9.30 - 11am

#### **Kilburn Village Hall**

Thu 9.30 - 11am

#### **Strutts Centre, Belper**

#### **Multiples Playgroup**

2nd Sat of the month 9.30 - 11am

For carers of twins/triplets.

Book [www.derbyshiretoylibraries.org](http://www.derbyshiretoylibraries.org)

#### **Toy Hire**

Wed 10am - 12pm, Fri 9.30 - 11am,

Sat 9 - 11.30am

Click and collect. Browse at [www.derbyshiretoylibraries.org/shop](http://www.derbyshiretoylibraries.org/shop)

Book collection on Fb

### **Edward Praise & Play with Mini Bears (0-5s)**

#### **St Oswald's Church Hall, Ashbourne**

Thu 9.30 - 11.30am

Activities may include singing, crafts, sensory play and baby massage. [ashbournechurch@gmail.com](mailto:ashbournechurch@gmail.com) / 01335 343052

### **Emily Doula**

#### **Shine with Tabitha Yoga Studio, Belper**

Wed 11am - 12pm – mother and

baby yoga (0-toddling)

Thu 1 - 2pm – baby massage

(4wks-6m)

Thu 6.15 - 7.15pm – pregnancy yoga

(14wks-birth)

[info@emilydoula.co.uk](mailto:info@emilydoula.co.uk) / 07816

653812 / Book [www.emilydoula.co.uk](http://www.emilydoula.co.uk)

### **Kilburn Baby & Toddler Drop In**

#### **Kilburn Village Hall**

Sun 9.30 - 11.30am (fortnightly)

Welcoming all families, babies and toddlers to our play, colouring, reading & sensory areas. Drinks provided. Free.

07877 356262 / [Kilburnbaby@gmail.com](mailto:Kilburnbaby@gmail.com) / Fb KilburnBabyAndToddlers

### **Languages for All**

Language learning for all ages. Groups or individually. Online or in person.

[jmoses@languagesforall.org.uk](mailto:jmoses@languagesforall.org.uk) /

07918 173844 /

[www.languagesforall.org.uk](http://www.languagesforall.org.uk)

### **Little Baby Sanctuary Baby Yoga & Massage (0-active crawling)**

#### **Fusion Yoga Well-being Centre, Ripley**

Tue 10.30 - 11.30am – massage

Tue 1 - 2pm – yoga

#### **Sage Yoga Studio, Belper**

Thu 10.30 - 11.30am – yoga

Thu 1 - 2pm – massage

#### **Anna Michelle's School of Dance, Darley Abbey**

Fri 10.30 - 11.30am – massage

Fri 1 - 2pm – yoga

Gentle, interactive strokes and movement supporting common

ailments, concerns and baby milestones with Nicky, qualified NNEB, baby massage and baby yoga instructor: Book online [www.thelittlebabysanctuary.co.uk/](http://www.thelittlebabysanctuary.co.uk/) 07739 551379

### Little Church (0-5s)

**St Peter's Church, Belper**  
Wed 10am - 12pm £1 per family  
office@stpetersparishbelper.org.uk

### Messy Church (all ages)

**St Swithun's Church, Belper**  
2nd Sat in the month 4 - 6pm - donation  
office@stpetersparishbelper.org.uk  
**St Mark's Church, Belper**  
4nd Sat in the month 4 - 6pm - donation  
office@stpetersparishbelper.org.uk

### Mini Sportz (2-7yrs)

**Duffield Methodist Church**  
Fri 9.30 - 10.15am (3-4yrs)  
Fri 10.20 - 11am (2.5-3yrs)  
**St Alkmunds, Duffield**  
Thu 4 - 4.45pm (Reception)  
Thu 4 - 4.45pm (Yr 1)  
Thu 4.55 - 5.40pm (Yrs 2&3)  
Teaching young children a variety of sport-based activities and creating a love for physical activity.  
07935 600027 / [www.minisportz.co.uk/](http://www.minisportz.co.uk/) [minisportzuk@gmail.com](mailto:minisportzuk@gmail.com)

### Nature Tots (0-5s)

**Carsington Water Outdoor Classroom**  
Mon 10am - 12pm  
Fortnightly 06/11, 20/11, 04/12, 18/12  
A wide selection of outdoor activities which may include pond-dipping, stories, mud painting and sensory play. Pay on arrival, parking included. £6 first child; £3 sibling.

### Nest & Nurture

**Nest & Nurture Studio, Belper North Mill**  
Mon 12 - 1pm - Hatchlings baby massage & postnatal yoga (6wks-5m)  
Mon 10 - 11am - Nestlings baby yoga (4/5m-crawling)  
Thu 10.30 - 11.30am - Fledglings messy/sensory play and yoga (9/10m-2yrs)  
Wed 10 - 11am - Nature Tots outdoor parent and toddler group (1-4yrs)  
Wed 12.30 - 1.30pm - Nature Babies outdoor parent and baby group (birth-1yr)

### Nest & Nurture Tea Club

Tue 10am - 12pm  
Weekly social and support drop-in session for expectant and new parents in Belper and surrounding area.

### Yoga for Pregnancy & Birth

Sun 6 - 8pm (14wks pregnant onwards)

### Derby and Notts Sling Library

2nd Tue of the month 10am - 12pm  
tara@nestnurture.co.uk  
07817 649409

### Old Farm Bus

**Warmwells Lane, DE5 8JB**  
**Muck Out Mornings**  
Tue, Fri, Sun 9.30 - 11.30am (0-4s)  
in the barn. Messy play, soft play bus and farm animals - child £5 / adult £1  
Sun 9.30 - 11.30 craft session (5-11s) - £5

### Home Ed Group

2nd Wed of the month 12 - 2pm  
£3 contribution  
Book at Eventbrite or pay on arrival

### Prams & First Shoes Meet-Up (0-2.5s)

**St Mark's Church, Openwoodgate**  
Thu 9.30 - 11.30am - free  
01772 826519

### Pregnancy & Post Natal Pilates (babies welcome)

**Belper Pilates Studio, East Mill**  
**Physio-Led Classes**  
Wed 8.15pm - mat work  
Thu 9.45am & Fri 10.20am - reformer  
Book 07703 116284 / [www.belperlifefitnessphysio.co.uk](http://www.belperlifefitnessphysio.co.uk)

### Pre-School Yoga with Laura (2-5s)

**Sage Yoga Studio, Belper**  
Tue 10 - 11am

Fun movement, breathing and relaxation techniques.  
Book £35 for 4 weeks  
[lauratherapies@gmail.com](mailto:lauratherapies@gmail.com) / [www.lauratherapies.com](http://www.lauratherapies.com)

### Rhyme Time (under 5s)

**Allestree Library**  
Songs for pre-school children and babies.  
Tue 2.30 - 3pm  
01332 559761

### Sensory Imagination (0-11s)

**Unit 405, Via Gellia Mill, Bonsall**  
Mon to Fri 10 - 11.30am & 12.30 - 2pm; Mon 4 - 5.30pm; Sat 10.30am - 12pm - messy play (0-5)  
Tue 4 - 5.30pm - Mad Scientist (4-11)  
Thu 4 - 5.30pm - junk modelling (4-11)  
An inclusive environment that embraces children of all abilities, whether neurodiverse or neurotypical. Join in with delightful messy play sessions where children can freely express themselves, fostering their growth and development.  
[Hello@sensoryimagination.com](mailto>Hello@sensoryimagination.com) / 07375 871477 / [www.sensoryimagination.com](http://www.sensoryimagination.com)

### Sparks Film Club (7-11s)

**The Ripley Academy**  
Tue 5.00 - 7.00pm  
**The Grand Pavilion, Matlock Bath**  
Wed 5.30 - 7.30pm  
This autumn, weekly filmmaking classes themed 'The Other Side' will explore lots of new techniques based on perspective, point of view and switching sides.  
[DerbyshireNorth@sparksarts.co.uk](mailto:DerbyshireNorth@sparksarts.co.uk)

### Splitz Dance Centre

**8a King St, Belper**  
**Dance Classes**  
Mon - Thu & Sat (see current timetable for timings)  
Ballet, tap, modern, acrobatics, contemporary, commercial, street, musical theatre, adult jazz and tap classes.  
Thu 11am - 12pm - Little Starz Parent and Toddler Class  
Thu 6.30pm - drama class for all ages  
[www.splitzdancecentre.com/](http://www.splitzdancecentre.com/) 07403 010116

### Stanley St. Andrew's Stay and Play (0-5s)

**Stanley St. Andrew's CofE Primary School**  
Wed 2 - 3pm fortnightly (see school website calendar)  
Different activities for children each week, allowing adults to meet new people and enjoy a free hot drink. Free.  
[info@st-andrews-pri.derbyshire.sch.uk](mailto:info@st-andrews-pri.derbyshire.sch.uk) / 01159 324252

Most classes are term time only.  
Please check before attending.

### **Story and Rhyme Time (under 5s)**

#### **Belper Library**

Wed 11 - 11.30am – story and rhyme time

Fri 11 - 11.30am – rhyme time  
01629 533192 / belper.library@derbyshire.gov.uk

### **Taekwondo Maestros & Masters Academy (4+)**

#### **Little Eaton Village Hall**

Tue 7 - 9pm (8+)

Sat 9 - 10am (4-7yrs)

Sat 10am - 12pm (8+)

The Korean martial art of Taekwondo improves fitness, flexibility, balance, confidence, discipline and moral values such as courtesy, integrity, perseverance, self-control and indomitable spirit.  
admin@mandm.academy / 07818 559309 / www.mandm.academy

### **Three Bears Cookery Club**

www.threebearscookeryclub.com / ruth@threebearscookeryclub.com

### **TinyTalk (0-4s)**

Communicate with your baby before they can speak! At TinyTalk we sign, bounce and giggle through each class, while you learn a handful of useful BSL signs with action songs, stories and familiar nursery rhymes. Enjoy social time and a nice hot cuppa and biscuits after every class. All class sizes are limited.

#### **St Mark's Church, Openwoodgate**

Tue 10 - 11am

Fri 10 - 11am (baby class)

#### **Arc Leisure Centre, Matlock**

Thu 10 - 11am (baby class)

bookwhen.com/tinytalkdc /

www.tinytalk.co.uk/kathgreaves

#### **St John's Methodist Church, Allestree**

Mon 10am - 11am (baby class)

#### **The Church on Oakwood**

Tue 10am - 11am (toddlers class)

Tue 11.30am - 12.30pm (baby class)

#### **Mickleover Memorial Hall**

Wed 10am - 11am (toddlers class)

Wed 11.30am - 12.30pm (baby class)

bookwhen.com/tinytalkderbynorth /

www.tinytalk.co.uk/emilyreeve

### **Toddler Tuesdays (18m-5yrs)**

#### **Denby Pottery Village**

Tue 10 - 11am

Creative group craft sessions for your pre-schooler and a free hot drink at Bourne's Coffee shop for you. £7.

Book www.denbypottery.com

### **Twistin' Tinies Adventures (0-18m non-walkers)**

#### **Belper Community Hall**

Mon 12.30 - 1.30pm

Tue 11.15am - 12.15pm

#### **Arc Leisure Centre, Matlock**

Wed 11.15am - 12.15pm

#### **St Joseph's RC Church Hall, Ripley**

Fri 10.45 - 11.45am

Innovative sensory adventures to help your baby grow!

Half price (£4) tasters until

Christmas. Block bookings - 4 trial

classes £20 for new customers.

www.twistintots.co.uk / 07977

578359 / jacqui@twistintots.co.uk

### **Twistin' Tots (0-5s)**

#### **Belper Community Hall:**

Mon 9.45 - 11.20am – stay and play

Tue 9.45 - 10.30am

#### **Arc Leisure Centre, Matlock**

Wed 9.45 - 10.30am

#### **Darley Abbey Village Hall**

Thu 9.45 - 10.30am

#### **St Joseph's RC Church**

#### **Hall, Ripley**

Fri 9.30 - 10.15am

Magical music and movement classes for under 5s and their grown-ups.

Weekly or block bookings - 4 trial

classes £20 for new customers

www.twistintots.co.uk / 07977

578359 / jacqui@twistintots.co.uk

### **Vanessa's School of Dance (3-18s)**

#### **Vanessa's School of Dance, Belper**

Mon 4.15 - 4.45pm (2.5yrs-

reception) – nursery class

Mon 4.45 - 5.15pm (reception-6yrs)

– Tiny Tots modern

Sat 9 – 9.30am (reception-6yrs) –

Tiny Tots acro

Mon to Thu 4pm onwards and Sat

8.45am - 6.30pm (see timetable)

Ballet, tap, modern, contemporary,

musical theatre, singing, acrobatics

and street dance classes.

Adult classes offered in tap, ballet

& fitness.

www.vsdance.co.uk / 01773 823309 /

07581 228557

### **West Hallam Baby and Toddler Group (0-5s)**

#### **Powtrelle Pavilion, West Hallam**

Fri 9.30 - 11am

0-6m 50p; 6m+ £3.

No booking required.

Contact on Facebook

### **Wild Bears Outdoor Playgroup**

#### **Charnos Family Support**

#### **Centre, Ilkeston**

#### **Parent and Baby Social**

#### **Support Group**

Mon 10 – 11.30 (6m-5yrs or 7yrs

home ed with SEND)

Free taster. Pricing from £4 to free (financial hardship)

#### **Wirksworth Road**

#### **Allotments, Ilkeston**

#### **Pre-School Outdoor Stay**

#### **and Play**

Mon 1 - 2.30pm

Tue 10 - 11.30am

Thu 10 - 11.30am

Mud and water play, sensory play

stations and obstacle courses

£5 per child, includes drinks and

biscuits.

#### **Home Ed Outdoor**

#### **Education Session**

Wed 1.30 - 3.30pm

£10 per child. Drop-off session.

Book www.bookwhen.com/

wildbears

### **Wirksworth Stay and Play**

#### **Baby & Toddler Group (0-5s)**

#### **The Memorial Hall,**

#### **Wirksworth**

Thu 9.45 - 11.15am

0-6m £1.50; 6m+ £3 per family

A friendly, welcoming community

playgroup with lots of toys, a craft

activity, a messy/sensory tray and

snack for the children. Hot drinks

and biscuits for the adults.

### **Yellow Daisies Stay & Play (0-5s)**

#### **The Village Hall, Heage**

Mon, Wed & Fri 9 - 11am –

play group

Thu 1 - 3pm – messy play

£3.50 per child – includes snack and

drink plus hot drinks for adults.

Find all this information online at [www.boomderbyshire.co.uk](http://www.boomderbyshire.co.uk)



Follow us on social media for updates and loads more content.

**DERBYSHIRE FAMILY HEALTH SERVICE**

Tel: 01246 515100

# the sixes

from trentbarton

*save the date!*

**Matlock Victorian  
Christmas Market**  
14 November

**Bakewell  
Christmas Market**  
18-19 November

**Christmas Weekends  
at Cromford Mills**  
3-18 December

**Wirksworth  
Christmas Market**  
4 December

**Derby Cathedral Quarter  
Ice Rink & Nordic Bar**  
2-31 December

## Bakewell

Haddon Hall  
Peak Shopping Village  
Rowsley  
Peak Rail  
Darley Dale

## Matlock

Heights of Abraham  
Cable Car  
Matlock Bath

## Cromford

Steeple Grange

## Wirksworth


Ecclesbourne  
Valley Railway

## Belper

Milford  
Duffield

## Derby city centre



search the sixes 



#QUADmas

JOIN US FOR

# FESTIVE FAMILY FUN

Food, Festivities & Film for Families

## Festive Films

Join us each day in December for a festive film screening to get you in the Christmas spirit.

## Café Bar

Treat yourself to a sweet treat with our festive hot chocolate.

## Festive Show & Workshops

**FREE**  
Northern Lights Experience

Explore our 360-degree immersive exhibition.

## The Cathedral Quarter Christmas Grotto

Join Santa himself in the Cathedral Quarter Christmas Grotto and receive an art-based gift for just £4 a ticket.

Or why not grab a hot breakfast buffet and join us for Breakfast With Santa?!



[derbyquad.co.uk](http://derbyquad.co.uk)

HO!  
HO! HO!





# BOOK RECOMMENDATIONS



Written by Sophie Jarvis at Scarthin Books of Cromford.

Sophie is a member of both the bookshop and cafe team at Scarthin Books and is an avid reader with a young family. [www.scarthinbooks.com](http://www.scarthinbooks.com) 01629 823272

## 0-5 Years You Choose Christmas

by Nick Sharratt and Pippa Goodhart



Fizzing with colourful illustrations, this book invites children to choose their favourite Christmas activities and scenarios, from picking their favourite Christmas jumper to imagining which elf job would be theirs. Many fun conversations will be had as they choose differently from one reading to the next.

## 5-7 Years How does Santa Go Down the Chimney?

by Jon Klassen



Another Jon Klassen marvel seeking to answer the questions we've all asked about how Santa actually gets down the chimney. Children will love this sweet and funny story packed with his distinctive illustrations; it is bound to inspire funny theories of their own and add to the Christmas excitement.

## 7-11 Years The House with Chicken Legs

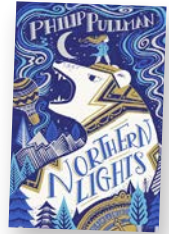
by Sophie Anderson



Marinka wants to be a normal girl, but she lives in a house with chicken legs and is the granddaughter of Baba Yaga. Destined to follow her grandmother's footsteps guiding souls from one world to the next, Marinka is determined to set her own course in life. A beautifully written, modern adventure for middle-schoolers inspired by Slavic folklore.

## Young Adult Northern Lights

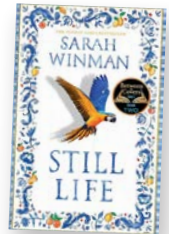
by Philip Pullman



In an alternative Oxford, Lyra, and her daemon journey North to rescue their friend, Roger, snatched by "Gobblers", whose experiments involving a mysterious substance called dust threaten life as they know it. The first of an exciting fantasy trilogy touching on themes of organised religion and where you can never really be sure if the villains truly are the villains.

## Adult Still Life

by Sarah Winman

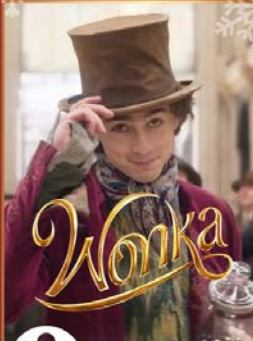
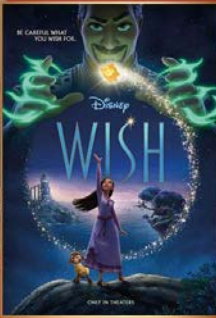
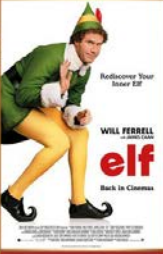



This timeless novel is essentially about life and love, and how art and beauty transform both. A soldier meets an art historian by chance during WW2 and their encounter stays with them as their lives take separate paths. I loved the vivid relationships between characters. The writing is rich, tender and evocative, the dialogue often hilarious. A book that will hold a special place in the heart of every reader.



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**Naughty Meg and the Christmas Elves**

Thu 14 - Sat 30 Dec, Derby Museum & Art Gallery on the Wardwick

**CHRISTMAS LIGHTS SWITCH-ON**

Sat 2 Dec

**FAMILY FESTIVITIES**  
AT MARRIOTT PALACE

Sat 2 & Sun 3 Dec

**It's a Wonderful Life**

Thu 21 - Fri 22 Dec

**festivederby.co.uk**

Derby City Council

# CHRISTMAS PRESSURE

BRIDGE THE GAP



Written by Nikki Webster from Bridge the Gap

Nikki is co-director at Bridge the Gap Child Mental Health CIC. She is a specialist mental health nurse and ACT (acceptance and commitment therapy) therapist.

**The pressure of Christmas has grown over the last few years. I remember when I was younger there were no chocolate adverts; tinsel and baubles were definitely eclectically mixed and somewhat 'tacky'. Christmas was very much about love and connection, warmth and wonder.**

## **So why do we feel the urge to provide a 'perfect' Christmas in 2023?**

I certainly sense that pressure: Christmas elves coming out to play, Nordic-style themed trees from Perfect Home magazines, Christmas bedding, Christmas Eve boxes, advent calendars full of not just chocolate but toys, perfumes, gin bottles and more.

And those changes are documented on socials a thousand times over. Comparison is something that needs shining a light on when it comes to our mental health at Christmas. How are we modelling this with our children? Do they hear us comment on next door's Christmas tree decorations? Hear us moaning about the elf antics of those parents managing to create a magical elf midnight party?

Be mindful when it comes to what they see you modelling on social media. Be mindful of putting your phone down for a while and being more present in your own Christmas. Because being present is what matters, bringing back the warm family Christmas without all of the fuss. But sometimes pressure comes in this form too: "I must maintain my calm. It must be a mindful, family Christmas."

Christmas is an incredibly emotionally draining time for everyone. When you strip it back it's actually very chaotic:

- 🔴 We bring a tree inside and decorate it with plastic balls.
- 🔴 We spend a ridiculous amount of time

and money cooking the 'perfect' meal and expecting our children to sit nicely at the table to eat it.

- 🔴 We spend an inordinate amount of time and money – going into debt even – shopping for the right presents for everyone (in shopping centres that are loud, stark and a sensory overload).
- 🔴 THE ELVES!!!!
- 🔴 We expect our children to wear itchy, scratchy Christmas jumpers, without fuss.
- 🔴 We expect our children to be kind, inviting and friendly with family members they have potentially not seen since last Christmas (side note – never force a child to hug/kiss a family member if they do not feel comfortable; we should be teaching them about consent and comfort when it comes to physical contact).
- 🔴 We expect our children to 'behave', play family games and be quiet when needed, despite their new toys being all over the living room or their desire to play on their devices like they normally do.

I could go on! My point: the expectations we have on ourselves and our children at Christmas time are immense. It's OK to have the Christmas that is right for your family. It's OK if your child struggles with the 'festive normalities' of Christmas. It's OK if your child prefers to spend time alone at Christmas, gosh, it's OK to want to escape yourself too for a while. Strip it back, remind yourself that YOUR family Christmas is unique. It may be quiet, it may be chaotic, but it's OK to do it your way.

**Merry Christmas x**



 [www.jwbridgethegap.com](http://www.jwbridgethegap.com)

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[www.shiningcliffhostel.co.uk](http://www.shiningcliffhostel.co.uk)

[www.woodlandconnections.org](http://www.woodlandconnections.org)

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# TAEKWONDO



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# Family Shows this Autumn

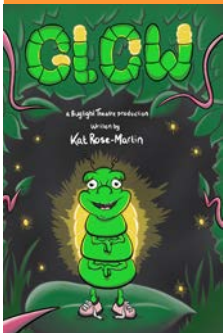
- Glow - 11 Nov
- The Twelve Birds of Christmas - 16 & 17 Dec



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déda 01332 370 911 [deda.uk.com](http://deda.uk.com)

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10/10"

- Jen, TinyTalk Belper parent

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Belper & Matlock  
[tinytalk.co.uk/kathgreaves](http://tinytalk.co.uk/kathgreaves)

...and lots, lots more around the East Midlands!



# REINDEER CUPCAKES

Written by Ruth Chubb from Three Bears Cookery Club

📞 07973 193362 🌐 [www.threebearscookeryclub.com](http://www.threebearscookeryclub.com)



## Christmas is the perfect time for a spot of family baking!

Why not try this delicious recipe for Reindeer Cupcakes?

### FOR THE CAKES

70g butter

70g sugar

1 egg

100g self-raising flour

1 tbsp cocoa powder

Approx. 15ml milk

### FOR DECORATING

2 tbsp cocoa powder

A little water

75g icing sugar

6 glacé cherries

6 pretzels, halved

Edible eyes & edible glitter

### WHAT TO DO

1. Before you start, wash your hands, put on an apron and ask your grown up to preheat the oven to 180°C.
2. In a bowl, weigh out the butter and sugar, then cream together until soft and fluffy.
3. Mix in the egg.
4. Add the cocoa powder, mix until all chocolatey and then add the flour.
5. Add the milk and mix well until free from lumps. The mixture should just fall off your spoon.
6. Divide your mixture between your 6 cupcake cases and ask your grown up to pop them in the oven for 12-15 mins until risen and springy to touch.
7. Once your cakes have cooled, mix the icing sugar, cocoa powder and a little water to form a thick paste.
8. Spoon on to the tops of your cakes and add two eyes, a cherry for the nose and split a pretzel in half for the antlers.
9. Sprinkle with glitter for a little extra Christmas magic!



# EVENTS NOVEMBER & DECEMBER 2023



Events happening locally for all ages!

## **Susie Sloth and her Secret Superpower**

### **Library Sessions with Charlotte Marsh FREE**

Wed 1 Nov – 12.30 to 1.15pm

Riverside Library

Thu 2 Nov – 10.15 to 11am Ashbourne Library

Thu 2 Nov – 2 to 3.15pm Alvaston Library

Mickleover and Belper dates TBC

## **Codnor Community Bonfire and Fireworks**

### **Codnor Recreation Ground**

Fri 3 Nov – 6 to 10pm

Children's rides, Guy Fawkes competition, 7.30pm bonfire lighting, 8pm fireworks, food and drinks. **FREE**

## **Duffield Fireworks**

### **Eyes Meadow**

Fri 3 Nov – 6.15 to 8pm

Burgers, hot dogs, donuts, licensed bar, hot drinks and children's rides.

Fireworks at 7.15. Walk if you can. Tickets: £4 advance, £5 on the day

## **Belper's Biggest Bonfire & Fireworks Night**

### **Belper Meadows Community Sports Club**

Sat 4 Nov – 6 to 8.10pm

Burgers, hot dogs, baked spuds, donuts, licensed bar, hot drinks and children's rides.

Tickets: from £3.50 child, £6 adult

## **Luminate Lantern & Light Festival**

### **Derby Arboretum**

Sat 4 Nov – 5pm

Community fun, activities, music and dancing. **FREE**

## **Marehay Fireworks Display**

### **The Village Inn**

Sun 5 Nov – 6pm

Burger stall, additional outdoor 'can bar'. **FREE** – donations welcome.

## **Derbyshire Toy Libraries**

### **Virtual Toy Sales**

Thu 9 Nov & Thu 14 Dec

Buy preloved toys at a bargain and raise vital funds. Go to the Derbyshire Toy Libraries Selling and Fundraising Fb Group and message to donate. [www.derbyshiretoylibraries.org](http://www.derbyshiretoylibraries.org)

## **Heritage Wood, Ashbourne**

### **Illumination Trail**

17 - 19 & 24 - 26 Nov & 1 - 3 Dec (evening – times vary)

Dynamic luminous displays and colourful trees aglow on one mile of pathways. Refreshments available. Tickets: £6 child under 5, £9 adult

## **Matlock Farm Park**

### **Autism Friendly Santa Experience**

18, 19 & 25 Nov

A tailor-made, quiet Santa experience, with additional transition room and private small animal petting. Tickets: £25 child, £20 adult. Includes farm park entry.

## **Festive Village Santa Experience**

26 Nov & 2, 3, 9, 10, 16, 17 & 21-23 Dec – 9.30am to 3.30pm

Join in with delights and surprises around the village with Santa, Mrs Claus & the cheeky elves. Tickets: £30 child (2-14), £15 under 2, £20 adult. Includes farm park entry.

## **Breakfast with Santa**

26 Nov & 2, 3, 9, 10, 16 & 17 Dec – 9am

Start your day in festive style with a delicious breakfast and fun with Santa Claus and Mary Christmas. Tickets: £25. Includes farm park entry.

## **Sundown Adventure Land**

### **Christmas Spectacular**

Sat 18 Nov to Sun 24 Dec

Take a magical ride through the enchanted forest and visit Santa in his home to receive a special gift. Keep dry and warm in the Four Seasons Arena. Tickets: from £23. Includes park entry.

## **Shining Cliff Hostel, Ambergate Family Festive Decorations Wire Workshop**

Sun 19 Nov – 11am to 1pm & 1.30 to 3.30pm

Creative family workshop to make your own Christmas decorations, with artist Lise Bennett.

Tickets: £10 child (8+), adult £10

[www.woodlandconnections.eventbrite.com](http://www.woodlandconnections.eventbrite.com)

## **Denby Pottery Village Santa Experience**

Fri 24 Nov to Sun 24 Dec

Enjoy a magical visit to meet Santa, receive an official elf observation report and hand-pick your own special

gift from Santa's Workshop.

Tickets: £18.95

## **Pottery Painting with Mrs Claus**

Sat 25 & Sun 26 Nov

Create a festive Denby Keepsake Tea Plate with Mrs Claus to use throughout the festivities and then to treasure always.

Tickets: £10

## **Afternoon Tea with Santa**

Sat 16 to Sat 23 Dec

Enjoy a fun and festive Afternoon Tea with Santa. Includes storytime with Santa, festive games with Santa's Helpers and a small gift bag for every child.

Tickets: £18.95

## **Christmas Eve Breakfast with Mrs Claus**

Sun 24 Dec

Enjoy a fun and festive Christmas Eve Breakfast with Mrs Claus. Includes storytime with Mrs Claus, festive games with Santa's Helpers and a small gift bag for every child.

Tickets: £18.95

## **Bluebells Dairy**

### **Santa's Enchanted Christmas**

Weekends 25 Nov to 24 Dec

Real reindeer, create-a-bear elf workshop and a toy from the magical chimney.

Tickets: from £38.50

Includes farm entry.

## **Christmas at Driftwood Land**

From 25 Nov to 24 Dec

Visit Santa in a giant snow globe, toast marshmallows, make decorations and write a wish list in Santa's house before visiting the reindeer in the woods.

Tickets: £25.00 child, £12.50 adult

[www.driftwoodlodges.co.uk/driftwood-land-christmas-2023](http://www.driftwoodlodges.co.uk/driftwood-land-christmas-2023)

## **Conkers**

### **Winter Wonderland**

Sat 25 Nov to Sun 24 Dec

Santa's Chief Elf and his team will send you through Watersides Enchanted Forest and the Valley of Christmas Lights to discover Santa's Woodland Grotto.

Tickets: from £14.95



### **National Forest Adventure Farm North Pole Adventure**

Sat 25 Nov to Sun 24 Dec – 10am  
Check-in and collect your passport  
and Elf Coins then journey through the  
Magical Portal to the North Pole.  
Tickets: from £25. Includes farm entry.

### **Bakewell Christmas Sparkle**

Sun 26 Nov – 10am to 4pm  
Santa's tipi grotto, tipi bar, local  
independent Christmas market and  
food court, live music and children's  
activities (nominal fee). **FREE**

### **Thornbridge Hall**

#### **Christmas Lego Printing**

Sun 26 Nov – 10.30 to 12pm  
Join Chesterfield-based printmaker  
Dave Elsom to create six unique  
Christmas cards.  
Tickets: £20. Includes garden entry.

### **Pooles Cavern**

**Christmas Lights Walk-Through**  
1, 4, 6, 8, 11, 13, 15 Dec – 2 to 5pm  
Self-guided walk through the limestone  
caverns with lights and projections.  
Tickets: £8.50 (under 5s free)

### **Santa's Grotto**

Mon 18 to Thu 21 Dec  
Private audience in Santa's magnificent  
grotto. Then see the illuminated caverns  
(approx. 30 mins). Café and gift shop.  
Tickets: from £16.50 (under 1s free)

### **Chatsworth**

**Storytime with Father Christmas**  
Weekends in Dec – various times  
Listen to Father Christmas tell the  
story of the first Christmas then help  
the elves make some reindeer food and  
receive a small gift.  
Includes entrance to the farmyard and  
playground, and a hot drink for adults.  
Quiet sessions available.  
Tickets: £16 child, adult £12.

### **Markeaton Park**

#### **Family Festivities**

Sat 2 & Sun 3 Dec – 11am  
Head High's annual Dog Grotto (£5) as  
well as festive food, music, Christmas  
crafts and an Elf Trail. **FREE**

### **Peak Cavern, Castleton**

#### **Carol Concerts in the Cavern**

Weekends in Dec – 6pm  
Traditional carols and modern festive  
songs played by different Brass Bands.  
Dress for the cold.  
Tickets: £11.50

### **Peak Rail, Rowsley South Station**

#### **Santa Specials**

2, 3, 9, 10, 16, 17, 22, 23, 24 Dec – four  
times a day  
Santa and his helpers will join you on  
a 90-minute steam train ride. Gift and  
sweets for the children; a glass of wine  
and a mince pie for the adults.  
Tickets: sold per table, e.g. £40 table of 2

### **Twistin' Tots Christmas Parties**

2, 3, 18, 19 Dec – times vary – Belper  
Community Hall  
9 Dec – 10am to 12pm – Heage Village Hall  
13 Dec – 10am to 12pm – Matlock  
14 Dec – 9.45 to 11.45am – Darley  
Abbey Village Hall  
15 Dec – 10am to 12pm – St. Joseph's  
Church Hall, Ripley  
Entertainment for the whole family.  
Two hours of festive music, presents  
for primary-aged children, juice and  
cake/mince pies for all, fancy dress  
competition, pass the parcel and a  
snowball fight!  
Tickets: £12 child under 11, £7 sibling  
under 1, £4 adult  
[www.twistintots.co.uk](http://www.twistintots.co.uk)

### **White Post Farm**

#### **Christmas on the Farm**

Weekends in Dec – 9.30am to 5pm  
Visit reindeer, new born lambs and  
miniature donkeys. See Santa in a  
sleigh, listen to a festive tale and receive  
a gift, then visit the Christmas market.  
Tickets: £22.95 child, £15.95 adult

### **Cathedral Quarter Ice Rink**

#### **Derby**

Sun 3 to Sun 31 Dec  
Derby's own glittering ice rink will be  
back again this year. Fun for all the  
family.  
Tickets: £10

### **Shining Cliff Hostel, Ambergate**

#### **Woodland Elves**

Sun 3 Dec – 1 to 4pm  
A drop-off session for Woodland Elf  
recruits. Search for signs of the elves and  
help them out with Christmas crafting.  
Tickets: £16.50 child (5+)  
<https://Elvesinthewoods.eventbrite.co.uk>

### **Christ Church, Belper Christmas Tree Festival**

Fri 8 to Sun 24 Dec  
View an array of decorated trees inside  
the church. **FREE**

### **Elvaston Castle**

#### **Derby LIVE Shine a Light**

Fri 8 to Sun 10 Dec – 6 to 9pm  
Watch Derbyshire's history unfold in  
magical night-time shows projected  
onto the Castle.  
Tickets: £10.50

### **Carsington Water**

#### **Christmas Trail**

Sat 9 Dec - Mon 1 Jan  
Collect a trail sheet from the visitor  
centre and follow clues around Stones  
Island. £3 (return sheet for a prize)

### **Croots**

#### **Breakfast with Santa**

9, 10, 16 & 17 Dec  
Enjoy a delicious breakfast as Santa  
makes a special visit to each table.  
Choose a gift from Santa's Magical Toy  
Workshop.  
Tickets: £18.50 child

### **Erewash Museum**

#### **Santa Saturdays**

Sat 9 & Sat 16 Dec – 11am to 3pm  
Visit Santa in the museum stable and  
receive a gift.  
Tickets: £3. Booking essential.

### **Oakfield Farm**

#### **Breakfast with Santa**

Sat 9 & Sat 16 Dec – 8 to 10am  
Enjoy a mini-cooked breakfast, a  
festive activity, a chance to meet  
Santa and a gift. Adult ticket includes a  
breakfast cob and hot drink.  
Tickets: £17.50 child, £6.95 adult



Find all this information online at [www.boomderbyshire.co.uk](http://www.boomderbyshire.co.uk)

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### Swanwick Santa on the Farm

#### Turner's Farm, Swanwick

Sat 9 Dec – 10am to 1pm  
Free entry for stalls, activities and food. Book to see Santa - £7 per child (link on Swanwick Pre-School Fb page).

### Twistin' Tinies Christmas Party

#### Heage Village Hall

Sat 9 Dec – 1.30 to 3.30pm  
Enjoy the magic of baby's first Christmas. Two hours of festive music, Christmas baby signs, fancy dress competition, hot drinks and mince pies for adults and making a baby keepsake. Present for accompanying siblings (up to 11).

Tickets: £10 baby, £8 sibling over 1, £7 adult  
www.twistintots.co.uk

### Derby Santa Run

#### Markeaton Park

Sun 10 Dec  
Festive 5km event, perfect for the whole family.  
See charity websites for timings and entry charges.

### Cromford Christmas Carol Service

Sat 16 Dec – 6pm  
Come together, sing some classic carols and immerse yourself in the true meaning of Christmas. Wassail through the mill yard and across to the church for a carol service and refreshments. **FREE**

### Christmas at Haddon Hall

Sat 16 to Fri 29 Dec  
Each room is decorated with magical scenes.  
Tickets: £24.90 adult, children free, parking £3.80

### DJ Hazza

#### Winter Wonderland Kids' Christmas Parties

Fri 22 Dec – 5 to 7pm at Risley Village Memorial Hall  
Sat 23 Dec – 11am to 1pm and 2 to 4pm at Sawley Memorial Hall  
Live on-stage entertainment, festive-themed games, indoor snow machines, refreshment and Father Christmas meet and greet.  
Tickets: £10 (adults and under 2s free)  
https://www.ticketsource.co.uk/wearehazza

### Shipley Country Park

#### Elf Trail

Sun 23 to Sun 31 Dec – 10.30am to 3pm  
Self-led Christmas-themed trail.  
Complete Elf's activity sheet and win a candy cane.  
£2 per child

### Sparks Arts Filmmaking Holiday Camp

#### The Grand Pavilion, Matlock Bath

Sun 23 to Mon 24  
More info DerbyshireNorth@sparksarts.co.uk

## THEATRE

### Glow

#### Deda, Derby

11 Nov – 11.30am & 2pm  
Gwen the glow worm and her bug besties go on an adventure through the Underglade. A show for 3-7 year olds about friendship and wellbeing. Free wellness workshop before the performance.  
Tickets: £6 child, £8 adult

### The Snowman

#### Derby Reach, Riverside Court

Thu 30 Nov – 6.40pm  
Enjoy the film with live orchestra by Carrot Productions.  
Tickets: from £11

### Aladdin

#### Winding Wheel, Chesterfield

Fri 1 Dec to Tue 2 Jan  
Join Aladdin on the journey of a lifetime as he soars through the skies in his quest for fortune and true love. Full of magic, mystery and make-believe.  
Tickets: from £20.20

### A Christmas Carol

#### QUAD/The Lost Boys

Fri 8 & Sat 9 Dec – 7pm, 11am, 2pm, 7pm  
A family-friendly production featuring live performance and cinematic projections. Expect deference, irreverence, wigs, audience interaction, dazzling film and animation, and maybe a little Christmas magic!  
Tickets: £12 child, £15 adult

### Mother Goose

#### Derby Arena

Fri 8 to Sun 31 Dec  
An action-packed adventure from Derby LIVE guaranteed to have the whole family honking with laughter.  
Tickets: £19 to £30

### Thornbridge Hall

#### Christmas Toy Shop Mystery

Sun 10 Dec – 11am & 2pm  
The Babbling Vagabonds put on a brilliant hour-long show.  
Tickets: £14 child, £16 adult. Includes garden entry.

### Naughty Meg and the Christmas Elves

#### Derby Museum and Art Gallery

Thu 14<sup>th</sup> to Sat 30<sup>th</sup> Dec  
Derby LIVE bring back the Babbling Vagabonds this Christmas with a wickedly comic tale which will be

enjoyed by anyone who has ever been the slightest bit naughty.

Tickets: £15

### Twelve Birds of Christmas

#### Deda, Derby

Sat 16 & Sun 17 Dec – 11.30am and 3.30pm

An exciting twist on the famous festive song presented as an immersive, fun-filled family theatre performance.

Tickets: £8 child, £10 adult

### Farmer Scrooge's Christmas Carol

#### Belper Community Hall

Sat 23 Dec – 5 to 6.30pm  
Have a good chuckle while the blustering, skin-flint farmer Ebenezer Scrooge gets his comeuppance. Local stories and carols, puppets, mayhem and original songs in this festive family tale.

Tickets: £8 child, £12 adult

www.liveandlocal.org.uk

## MARKETS

### Ethical Christmas Market

#### Chocolate Factory, Derby

Sat 4 Nov – 10.30am to 3.30pm  
Over 40 ethical and sustainable businesses showing you an alternative way to shop. £2 entry.

### Haddon Hall Mercatum

Thu to Sun 16 Nov to 10 Dec  
9.30 to 5pm

Artisan winter markets with stalls throughout the gardens and parts of the hall. Not pushchair-friendly.  
Tickets: £2.50 child over 5, £9.50 adult

### Thornbridge Christmas Market

17 - 19 & 24 - 26 Nov – 10am to 4pm  
Underground Santa's grotto and a variety of local makers and businesses.  
Tickets: (online) child over 3 £2.40, adult £5.60. Includes garden entry.

### Bakewell Christmas Market

#### Town Centre

18 & 19 Nov – 9am to 5pm  
Stalls, delicious street food, seasonal music and a fun fair. **FREE**

### Alfreton Christmas Market

#### Genesis Entertainment Centre

Sat 25 Nov – 12 to 5pm  
Craft and gift stalls, kids' entertainment, Santa's grotto, food and drink. **FREE**



### Christ Church Christmas Market

#### The Triangle, Belper

Sat 18 Nov – 11am to 2pm  
Turkey cobs, mulled wine and over  
40 stalls. **FREE**

### Victorian Christmas Market

#### Hall Leys Park, Matlock

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## LIGHTS SWITCH ON'S

### Ashbourne (Market Place)

18 Nov – 10am to 6pm; switch on  
4.30pm

Art and crafts fair in Town Hall.  
Evening singers and entertainment.

### Chesterfield (Rykned, New and Market Squares)

19 Nov – 12 to 6pm; switch on 4.45pm  
Appearances from Paddington Bear,  
Christmas market and stage show  
from 3.30.

### Long Eaton (Market Place)

23 Nov – 6.30pm  
With Long Eaton Silver Prize Band.

### Ilkeston (Market Place)

24 Nov – 6.30pm  
With Ilkeston Brass.

### Milford (Triangle)

24 Nov – 4.45pm  
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### Belper (Memorial Gardens)

24 Nov – 5.45pm  
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entertainment along King Street.

### Alfreton (Alfreton House)

25 Nov – 2 to 6pm; switch on 5.30pm  
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### Swadlincote (Town Centre)

25 Nov – 4 to 7pm; switch on 6.30pm  
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### Derby (St. Peter's Church to Market Place)

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Some love it. Some not so much. But inevitably, the time for Christmas shopping is upon us! Here at Boom Magazine, we want to encourage you to shop locally this Christmas so we've assembled this carefully-curated list of 12 talented, creative makers from right here in Derbyshire! Each one is also offering us a unique Boom perk, especially for our readers this Christmas.

## Darwin & Gray

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Order deadline: When it's gone it's gone!

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## Delicut.co.uk

### Belper

*Alison creates original intricate paper and textile art and handmade fabric 'fancy plants'*

Prices: £6.50 - £65

To order: Instagram or Facebook message to [delicut.co.uk](http://delicut.co.uk)

Order deadline: 30 Nov for bespoke plants; or visit The Cabin, Belper until Christmas Eve

#### Boom perk:

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### Belper

*Beautiful, bespoke, hand-painted watercolour floral portraits and gifts by Katherine*

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To order: Instagram [@ginger.and.blue](https://www.instagram.com/ginger.and.blue)

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## Lisbeth-Faye Jewellery

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## Ordinary Octopus

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# CHRISTMAS AROUND THE WORLD



Written by Hetty Waite

*Hetty is a local mum and author who is currently writing a trilogy of dystopian novels for young adults.*



**For many, Christmas is a time not only for family, friends and food, but also traditions. From pulling crackers at the dinner table, leaving out a sherry for Santa or kissing under the mistletoe, the festive season wouldn't feel quite the same without the quirky little rituals that we indulge in year after year.**

One which has gained increasing popularity in recent years is the addition to family households of 'The Elf on the Shelf'. Every December, one of these mischievous imps enters the home to keep an eye on the children's behaviour in the run up to the Big Day. Each night, the cheeky elf thinks up increasingly elaborate (and time-consuming!) antics to get up to, much to the delight of the small person discovering them in the morning. Perhaps they've made snow angels in spilt flour, or pooped out Christmas candies. Less delighted are the exhausted parents, up until one in the morning arranging the elf, wracking their brains for inventive scenarios for their tiny visitor, which hopefully won't take all morning to clean up after.

It's not just the UK that has weird and wonderful Christmas traditions. Across the world, local folklore and legends give a unique spin on festivities. Here are a few of the more unusual Yuletide rituals:

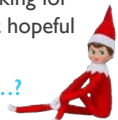
✧ In Austria, they have a creature called Krampus, whose job is to punish naughty kids before Christmas. Men dress up in demon-costumes, complete with chains and baskets, and roam

around looking for bad children to cart off to Hell. Terrifying, yes, but definitely worth considering as a replacement for the cheeky elf!

- ✧ In Japan, the traditional Christmas dinner is actually replaced by... KFC! So instead of Santa and turkey, you'll be met with a Christmassy Colonel Sanders and fried chicken. Festive family bucket, anyone?
- ✧ In Ukraine, it is typical to hang a spider and cobweb on your tree alongside the baubles. This tradition originates from a story about a poor woman with no money to buy decorations, so a kindly (and probably quite scary, as it must have been huge!) spider wove a sparkly, glittering web over her tree instead.
- ✧ In Caracas, Venezuela, it has become customary to travel to the Christmas Early Morning Mass by roller skates! Perhaps not one to try in the snow and ice...

So, it seems we are not alone with our collection of strange ways to celebrate. Whilst you might not fancy demons or arachnids as part of your festivities, a final ritual can be found in Colombia. December 7th is 'Little Candles Day', where candles are lit and displayed in windows, yards and gardens to celebrate the Immaculate Conception. As the nights draw in and we are all looking for a bit of light, this seems like a simple yet hopeful way to welcome the Christmas period.

**Now where did that pesky elf get to...?**





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- 18 & 19 Dec Belper, 10 - 12

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# LET'S LEARN LANGUAGES!



Written by Jenny Moses from Languages for All

Children love learning new languages and learning about other cultures. Have a go at saying the names of these Christmas words with your child today. Maybe you know some Christmas traditions from other countries you can share with them.

	FRENCH	GERMAN	SPANISH
	<b>Joyeux Noël!</b> [j-why-euh no-el]	<b>Froehliche Weihnachten!</b> [fro-lich-er vienach-ten]	<b>¡Feliz Navidad!</b> [fell-eeth nav-ee-dad]
	<b>Sapin de Noël</b> [sa – pan duh No-el]	<b>Tannenbaum</b> [tan-en-bowm] (bow = bough)	<b>árbol de Navidad</b> [are-bol day nav-ee-dad]
	<b>cadeau</b> [cad -oh]	<b>Geschenk</b> [Guh-shenck]	<b>regalo</b> [reh-ga-low]
	<b>bûche de Noël</b> [boosh duh noel]	<b>Stollen</b> [sht-o-len]	<b>roscón de Reyes</b> [ross-con day ray-es]
			

## Did you know..

The tradition of Christmas trees started in 16th Century Germany? Queen Victoria's mother brought the first one to the UK and her husband, Prince Albert, made them popular.

If you or your child is interested in learning another language, then I would love to hear from you! My name is Jennifer Moses and I run Languages for All, a small, local company of dedicated and experienced language teachers. We offer English, French, German and Spanish lessons to people of all abilities.

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Grown-ups can participate in their child's play, or just sit back and watch them learn whilst enjoying a mug of freshly brewed tea or coffee and an amazing homemade cake from our little coffee shop.

## Where are we?

Titchy Town is based on the site of Scallywags Private Day Nursey in Chellaston (Rowallan Way, DE73 5WX).

Hero Town is based on the site of Scallywags Private Day Nursery in Melbourne (Castle Lane, DE73 8JB).

Please use Scallywags car park at both sites. You will find signage in both car parks on how to access the centres.

## How it works?

Both role play centres work on a pre-book via our website and pay on arrival basis with sessions lasting 90 minutes. On your first entry you will be issued a loyalty card and for every nine sessions you attend you will receive your 10th entry free of charge! Loyalty cards can be used across both sites. Payment is cash only.

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### Hero Town Play Village



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To find out more or to book into a play session...

Visit our websites: [titchytown.com](http://titchytown.com) or [hero-town.co.uk](http://hero-town.co.uk)